



The Deal Centre, Deal & The Marigold Centre,

Folkestone

Head Office:
The Deal Centre
3 Park Street
Deal
Kent CT14 6AG
Tel: 01304 372608
cateringdeal@ageukskc.org.uk

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Desserts
Sat 22.06.2024	Pork casserole Or Gammon & leek bake	Pear & ginger crumble & custard
Sun 23.06.2024	Roast turkey	Marble sponge & custard
Mon 24.06.2024	Chicken & mushroom pie Or Bolognaise bake	Jam roly-poly & custard
Tue 25.06.2024	Roast beef	Jelly, fruit & cream
Wed 26.06.2024	Pork chop in peppercorn sauce Or Cod in breadcumbs	Pineapple upside down cake & custard
Thurs 27.06..20.24	Hotpot Or Quiche salad	Banoffee pie
Fri 28.06.2024	Cod au gratin Or Beef bourguignon	Apricot crumble & custard

All food is prepared in kitchens where nuts, gluten and other allergies could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available. (V) suitable for vegetarians or vegetarian option available. Dishes with fish and chicken may contain bones.

-----Tear off-----

Please give your order to the driver or ring 01304 372608. Please delete meals you do not wish to receive next week

Name.....**22.06.2024**

Please return this half to the centre by Wednesday each week

Days	Lunch	Requests
Sat Please delete one	Pork casserole Or Gammon & leek bake	
Sun	Roast turkey	
Mon Please delete one	Chicken & mushroom pie Or Bolognaise bake	
Tue	Roast beef	
Wed Please delete one	Pork chop in peppercorn sauce Or Cod in breadcumbs	
Thurs Please delete one	Hotpot Or Quiche salad	
Fri Please delete one	Cod au gratin Or Beef bourguignon	

Chairman: Mr B Flavell Treasurer: Mr H Barker Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

