

The Deal Centre, Deal & The Marigold Centre,

Folkestone

Head Office:
The Deal Centre
3 Park Street
Deal
Kent CT14 6AG
Tel: 01304 372608
cateringdeal@ageukskc.org.uk

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Desserts
Sat 18.01.2025	Pork casserole Or Gammon & leek bake	Pear & ginger crumble & custard
Sun 19.01.2025	Roast turkey	Marble sponge & custard
Mon 20.01.2025	Chicken & mushroom pie Or Bolognaise bake	Jam roly-poly & custard
Tue 21.01.2025	Roast Beef	Fruit Jelly & cream
Wed 22.01.2025	Pork chop in peppercorn sauce Or Mince beef & onion pie	Pineapple upside-down cake & custard
Thurs 23.01.2025	Hotpot Or Chicken stir-fry	Banoffee pie
Fri 24.01.2025	Cod au gratin Or Beef bourguignon	Apricot crumble & custard

All food is prepared in kitchens where nuts, gluten and other allergies could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available. (V) suitable for vegetarians or vegetarian option available. Dishes with fish and chicken may contain bones.

-----Tear off-----

Please give your order to the driver or ring 01304 372608. Please delete meals you do not wish to receive next week

Name..... **18.01.2025**

Please return this half to the centre by Wednesday each week

Days	Lunch	Requests
Sat Please delete one	Pork casserole Or Gammon & leek bake	
Sun	Roast turkey	
Mon Please delete one	Chicken & mushroom pie Or Bolognaise bake	
Tue	Roast beef	
Wed Please delete one	Pork chop in peppercorn sauce Or Mince beef & onion pie	
Thurs Please delete one	Hotpot Or Chicken stir-fry	
Fri Please delete one	Cod au gratin Or Beef bourguignon	

Chairman: Mr B Flavell Treasurer: Mr H Barker Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

