

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

Head Office:
The Deal Centre
3 Park Street
Deal
Kent CT14 6AG
Tel: 01304 372608
cateringdeal@ageukskc.org.uk

	Main Meal	Dessert
Sat 16.11.24	Chicken casserole Or Quiche, chips & baked beans	Apple pie & custard
Sun 17.11.24	Roast chicken	Tiramisu
Mon 18.11.24	Gammon & pineapple Or BBQ sausage bake	Bread & butter pudding & custard
Tue 19.11.24	Steak & mushroom pie Or Jacket potato, cheese & beans	Chocolate mousse & pears
Wed 20.11.24	Roast pork	Cherry & almond sponge & custard
Thurs 21.11.24	Cod in parsley sauce Or Toad in the hole	Mandarin meringue
Fri 22.11.24	Chicken chasseur Or Pork pie salad	Chocolate chip & orange sponge & custard

All food is prepared in kitchens where nuts, gluten and other allergies could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available. (V) suitable for vegetarians or vegetarian option available. Dishes with fish and chicken may contain bones.

-----Tear off-----

Please give your order to the driver or ring 01304 372608 delete meals you do not wish to receive next week

Name..... **16.11.2024**

Please return this half to the centre by Wednesday each week

Day	Lunch	Request
Sat Please delete one	Chicken casserole Or Quiche, chips & baked beans	
Sun	Roast chicken	
Mon Please delete one	Gammon & pineapple Or BBQ sausage bake	
Tue Please delete one	Steak & mushroom pie Or Jacket potato, cheese & beans	
Wed	Roast pork	
Thurs Please delete one	Cod in parsley sauce Or Toad in the hole	
Fri Please delete one	Chicken chasseur Or Pork pie salad	