



The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

Head Office:
The Deal Centre
3 Park Street
Deal
Kent CT14 6AG
Tel: 01304 372608
cateringdeal@ageukskc.org.uk

	Main Meal	Dessert
Sat 15.03.2025	Sausage casserole Or Cheese potato pie	Jam & coconut sponge & custard
Sun 16.03.2025	Roast pork	Strawberry shortbread & cream
Mon 17.03.2025	Pork chop in apple & cider sauce Or Chilli & rice	Apple & raspberry slice & custard
Tue 18.03.2025	Beef stew & dumpling Or Fish pie	Gateau
Wed 19.03.2025	Roast turkey & gammon	Rice pudding & peaches
Thurs 20.03.2025	Hunter chicken Or Ham & egg salad	Cherry cheesecake
Fri 21.03.2025	Steak & ale pie Or Scampi	Syrup sponge & custard

All food is prepared in kitchens where nuts, gluten and other allergies could be present and our menu descriptions cannot include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

-----Tear off-----

Please give your order to the driver or ring 01304 372608. Please delete meals you do not wish to receive next week

Name-----**15.03.2025**

Please return this half to the centre by Wednesday each week

Day	Lunch	Requests
Saturday Please delete one	Sausage casserole Or Cheese potato pie	
Sunday	Roast pork	
Monday Please delete one	Pork chop in apple & cider sauce Or Chilli & rice	
Tuesday Please delete one	Beef stew & dumpling Or Fish pie	
Wednesday	Roast turkey & gammon	
Thursday Please delete one	Hunter chicken Or Ham & egg salad	
Friday Please delete one	Steak & ale pie Or Scampi	

Chairman: Mr B Flavell Treasurer: Mr H Barker Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

