South Kent Coast Age UK

Head Office:
The Deal Centre
3 Park Street
Deal
Kent   CT14 6AG
Tel: 01304 372608
cateringdeal@ageukskc.org.uk

The Deal Centre, Deal
& The Marigold Centre, Folkestone
Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Sat 08.03.2025	Fishcake Or Sausagemeat plait	Lemon roulade
Sun 09.03.2025	Roast beef	Spotted dick & custard
Mon 10.03.2025	Lasagne Or Salmon and hollandaise sauce	Rhubarb crumble & custard
Tue 11.03.2025	Chicken curry Or Sausage, mash & onion gravy	Chocolate sponge & chocolate sauce
Wed 12.03.2025	Mince beef cobbler Or Sweet & sour pork & rice	Stewed fruit & custard
Thurs 13.03.2025	Roast chicken	Eton Mess
Fri 14.03.2025	Cottage pie Or Chicken & ham carbonara	Apple caramel, pecan tart & custard

All food is prepared in kitchens where nuts, gluten and other allergies could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available. (V) suitable for vegetarians or vegetarian option available. Dishes with fish and chicken may contain bones.

--Tear off----------- --
Please give your order to the driver or ring 01304 372608. Please delete meals you do not wish to receive next week

Name…………………………………………………………………………………………….....**08.03.2025**

Please return this half to the centre by Wednesday each week

	Lunch	Requests
Sat **Please delete one**	Fishcake Or Sausagemeat plait	
Sun	Roast beef	
Mon **Please delete one**	Lasagne Or Salmon and hollandaise sauce	
Tue **Please delete one**	Chicken curry Or Sausage, mash & onion gravy	
Wed **Please delete one**	Mince beef cobbler Or Sweet & sour pork & rice	
Thurs	Roast chicken	
Fri **Please delete one**	Cottage pie Or Chicken & ham carbonara	

Age UK Charity Quality Standard — certified by SGS

Kent County Council kent.gov.uk

KENT COMMUNITY FOUNDATION

British Assessment Bureau — UKAS MANAGEMENT SYSTEMS 8289 — ISO 9001 QUALITY MANAGEMENT