

## The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at [ageuk.org.uk/southkentcoast](http://ageuk.org.uk/southkentcoast)  
Please make cheques payable to Age UK South Kent Coast

Head Office:  
The Deal Centre  
3 Park Street  
Deal  
Kent CT14 6AG  
Tel: 01304 372608  
[cateringdeal@ageukskc.org.uk](mailto:cateringdeal@ageukskc.org.uk)

	Main Meal	Dessert
Sat 04.01.25	Sausage casserole Or Cheese potato pie	Jam & coconut sponge & custard
Sun 05.01.25	Roast pork	Strawberry shortbread & cream
Mon 06.01.25	Pork chop in apple & cider sauce Or Chilli & rice	Apple & raspberry slice & custard
Tue 07.01.2	Beef stew & dumpling Or Fish pie	Gateau
Wed 08.01.25	Roast turkey & gammon	Rice pudding & peaches
Thurs 09.01.25	Hunter chicken Or Ham & egg salad	Cherry cheesecake
Fri 10.01.25	Steak & ale pie Or Scampi	Syrup sponge & custard

All food is prepared in kitchens where nuts, gluten and other allergies could be present and our menu descriptions cannot include all ingredients, If you have a food allergy please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

-----Tear off-----

Please give your order to the driver or ring 01304 372608. Please delete meals you do not wish to receive next week

Name-----**04.01.2025**

**Please return this half to the centre by Wednesday each week**

Day	Lunch	Requests
Saturday <b>Please delete one</b>	Sausage casserole Or Cheese potato pie	
Sunday	Roast pork	
Monday <b>Please delete one</b>	Pork chop in apple & cider sauce Or Chilli & rice	
Tuesday <b>Please delete one</b>	Beef stew & dumpling Or Fish pie	
Wednesday	Roast turkey & gammon	
Thursday <b>Please delete one</b>	Hunter chicken Or Ham & egg salad	
Friday <b>Please delete one</b>	Steak & ale pie Or Scampi	