

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

Head Office:
The Deal Centre
3 Park Street
Deal
Kent CT14 6AG
Tel: 01304 372608
cateringdeal@ageukskc.org.uk

	Main Meal	Dessert
Sat 22.03.2025	Beef curry & rice Or Chicken & bacon lattice pie	Lemon & mandarin tart
Sun 23.03.2025	Roast beef	Apple & blackberry crumble & custard
Mon 24.03.2025	Liver & bacon Or Sausage, egg & bacon flan	Rum & raisin sponge & custard
Tue 25.03.2025	Steak & kidney pudding Or Veggie spring roll, rice & stir-fry veg	Bakewell tart & custard
Wed 26.03.2025	Roast pork	Cherry pie & custard
Thurs 27.03.2025	Beef stroganoff, rice & onion rings Or Cumberland pie	Fruit strudel & custard
Fri 28.03.2025	Smoked haddock Or Lamb & rosemary pie	Profiteroles

All food is prepared in kitchens where nuts, gluten and other allergies could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available. (V) suitable for vegetarians or vegetarian option available. Dishes with fish and chicken may contain bones.

-----Tear off-----

Please give your order to the driver or ring 01304 372608. Please delete meals you do not wish to receive next week

Name.....**22.03.2025**

Please return this half to the centre by Wednesday each week

Day	Lunch	Requests
Sat Please delete one	Beef curry & rice Or Chicken & bacon lattice pie	
Sunday	Roast beef	
Monday Please delete one	Liver & bacon Or Sausage, egg & bacon flan	
Tuesday Please delete one	Steak & kidney pudding Or Veggie spring roll, rice & stir-fry veg	
Wednesday	Roast pork	
Thursday Please delete one	Beef stroganoff, rice & onion rings Or Cumberland pie	
Friday Please delete one	Smoked haddock Or Lamb & rosemary pie	

Chairman: Mr B Flavell Treasurer: Mr H Barker Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

