Company registration number: 02703636 Charity registration number: 1010973

Age UK Exeter

(A company limited by guarantee)

Annual Report and Financial Statements
for the Year Ended 31 March 2024



Contents

Reference and Administrative Details	1
Trustees' Report	2 to 10
Independent Examiner's Report	11
Statement of Financial Activities	12
Balance Sheet	13
Statement of Cash Flows	14
Notes to the Financial Statements	15 to 29

Reference and Administrative Details

Chairman John Cartridge

Trustees Stephen Noon (appointed 11 April 2023)

Peter Brew

Ross Bright (resigned 9 July 2024)

Lydia Ward

Claire Morse (appointed 12 December 2023)

John Cartridge

Darren Burr (appointed 15 August 2023) Laura Hobbs (resigned 23 February 2024)

Gavin Ball

David Mutton (appointed 30 April 2024)

Secretary Nicole Flynn

Charity Registration Number 1010973

Company Registration Number 02703636

Registered Office The Sycamores

Mount Pleasant Road

Exeter EX4 7AE

Independent Examiner Westcott

Westcotts (SW) LLP

Timberly South Street Axminster Devon EX13 5AD

Accountants Westcotts

Timberly South Street Axminster Devon EX13 5AD

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2024.

Objectives and activities

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

In setting objectives and planning for activities, the trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit.

Age UK Exeter makes a positive contribution to the lives of over 1,000 older people each week through the support services and opportunities we provide. We help older people to maintain and enhance their quality of life, make informed choices, realise their rights, and meet their care needs. Many of these services are free, some are charged for, and some provided under a contract with the RD & E Hospital Trust.

The charity's objectives are to work to improve later life for everyone in Exeter by providing high quality services and enabling older people to make the most of life whatever their circumstances.

Strategies for achieving objectives

The strategy to achieve these objectives continued to be through the provision of support and opportunities for older people with a wide range of needs and seeking to ensure that the views and best interests of older people are taken into account by local policy makers.

Activities for achieving objectives

This was achieved through the provision of:

- Services that provide meaningful and stimulating social contact and practical support in a range of settings.
- Services that offer time-off and emotional and practical support to carers.
- Services that promote older people's independence, confidence, and self-esteem.
- Information and advice that enables informed choices to be made and promotes benefit entitlement.
- Services that promote older people's physical and mental wellbeing.
- A range of leisure and learning opportunities that provide enjoyment and mental stimulation.
- Services that aim to help frail older people avoid unnecessary hospital admissions.
- · Services that help older people manage their long-term conditions and get the most out of life.
- Representing the wants and needs of local older people to local decision makers.
- · Working in partnership with other agencies to deliver services and influence service design.

Volunteers

Like many charities, volunteer recruitment has remained a challenge. We are so grateful for the 114 (as of August 2024) volunteers who have continued to support people through the activities and services we have been able to deliver. They truly are a resource of which Exeter can be proud.

Trustees' Report

Services provided

Hospital to Home
Sycamore Days Day Service
Enabling and Home Support Service
Dementia Support Services and Budding Friends
Handy Person Service
Time for You volunteer sitting service
Information and Advice Service
Careline and Befriending
Carers Support

Activities

Chair Based Exercise weekly classes
Digital workshops
Qigong weekly classes
Tea Dance weekly classes
Sycamore Singalongs (singing for memory classes)
Craft Group
Sycamore Lunch Club
Adhoc events and trips to mark the seasons and special weeks such as carers week and volunteer's week.

Achievements and performance

"At eighty, there sometimes seems that there is little conversation to be had with the modern world: however, Age UK Exeter through its staff revives one's belief in a caring world- Thank you. A great poet, W.B Yeats reminded us, "I have spread my dreams beneath your feet. tread softly because you tread on my dreams."

Age UK Exeter has worked hard this year to ensure we promote later life and positive ageing. Over the last year we have doubled the number of weekly contacts to 1,000 and many older people are experiencing loneliness and isolation. A report published by Age UK called "All the lonely people, loneliness in later life" says that if the situation is not tackled there will be over 2 million older people who are often lonely by 2026. The quote above is from a service user who has a volunteer visitor weekly through our Volunteer Visiting scheme.

With one in three over 50's experiencing ageism, there has never been a time to be working harder on promoting wellbeing in later life.

"When a programme of care is agreed, everything possible is done to keep it flowing. There is always a friendly ear when further aid is requested. Age UK Exeter allows me to live alone at home."

This is a quote from a recipient of our 'Hospital to Home' project which supports people when they are discharged from hospital to aid a smoother transition to home.

Our Enabling and Home Support paid for service has been extremely busy and it supports over 200 over 50's per week. This service offers help with shopping, visits to hospital, administration and is a vital service to enable people to stay in the home of their choice and be as independent as they choose.

Trustees' Report

"Had a very good experience in all areas. Felt very included and supported by everyone. Everyone-staff, volunteers and attendees have been so kind, caring and compassionate."

"Having home help leaves me with the energy to take part in activities away from the home."

Quotes from users of the Enabling and Home Support Service.

One of Age UK Exeter's unique selling points is that the staff across the whole organisation work hard to ensure the experience for the service user or carer is as joined up as possible. There is a lot of cross referring.

"Made a huge difference to me and my other half- coping with declining Alzheimer's in myself. So good to be with others in the same boat and now feeling so well supported and cared for. Made a lovely new bunch of friends and a new way of life!"

This quote is from the carer of someone who has used the Information and Advice Service as well as Budding Friends, Enabling and Home Support, Carers Support and the Handy Person project. In a world where there are so many different agencies and the person often has to tell their story far too many times, we pride ourselves on trying to make the experience a much easier one when going across all the projects.

Sycamore Days has grown, and we now run this service for 2.5 days per week. This offers stimulation and person-centred care for the person living with a dementia or cognitive impairment and a much-needed break for the carer.

"I feel confident leaving my husband with his complex needs in a safe, friendly, relaxed environment, knowing the carers are conscious of his needs." A quote from a carer who uses Sycamore Days.

Our Information and Advice Service has seen on average 500 clients in this financial year. Many of those are for more than one session. This service is phenomenally busy, and the needs are more and more complex.

Overall, all of our services have seen a rise and that speaks to the doubling of users over the year. We have set up new services but have also sadly had to close services. We had to take the difficult decision to close the Men in Sheds in October 2023. This wasn't taken lightly, and the Board of Trustees and I spent many meetings looking at options. The reason was that since Covid, the project wasn't generating the income and we needed to set up a project that spoke to the core values of inclusion.

We are still facing considerable financial challenges and operate a full cost recovery model. We work hard to balance cost to clients whilst ensuring that our services are priced well and offer good quality and value.

Trustees' Report

We ran a staff and Board away day in June and from that we have written a three-year strategy that will focus our resources and staff and volunteer teams on key priorities. These are securing our financial base so that we are sustainable and still around in 5,10 and 15 years. This includes growing our community and corporate fundraising income and developing services for people living with dementia and their carer's. We are also increasing our day service, growing the Handy Person project, looking at our quality and reviewing services with client feedback to ensure relevance, supporting our staff and volunteers well and ensuring we consult with users of the service.

In March 2024 we ran our second gala with Will Carling as speaker. This didn't raise much income, but again, raised our profile and we got support from local businesses which was really appreciated.

We hosted our second church service at St Marks in December where we had a dementia choir and a speaker from Devon NHS Partnership Hub. The turnout was low, but the choir were great and really showcased the organisation well.

We are incredibly proud of the staff and volunteers who make the charity what it is today and of the reputation we hold in the city for the quality of our services and the care and commitment of our staff and volunteers.

Structure, governance and management

Nature of governing document

The charity is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 3 April 1992. The principal objects of the charity are to work to improve later life for everyone in and around Exeter by providing life enhancing services and vital support. There have been no changes in the objectives since the last annual report.

Recruitment and appointment of trustees

The directors of the company are also charity trustees for the purposes of charity law. Under the requirements of the Memorandum and Articles of Association the trustees shall be not less than five. Charity trustees shall hold office for an initial term of three years and may be reappointed for further terms of three years each, save that the Chair may only serve for a maximum of six consecutive years.

The Board of Trustees seeks to ensure that awareness of the needs of older people in Exeter and the best interests of the charity are reflected in the makeup of the trustee body by recruiting members with appropriate experience, knowledge and expertise. This includes health and social care, legal, social policy, HR, business, and financial expertise. The trustees monitor the skill mix and representation of the Board at regular intervals to inform its recruitment process. In the event of skills being lost due to end of service or retirement, individuals are approached to offer themselves for election to the Board or vacancies are advertised on the charity's website and/or social media channels.

Trustees' Report

Induction and training of trustees

Following an expression of interest, a prospective trustee will meet with the CEO to discuss the role of trustee. If both are in agreement, they will meet with the Chair of trustees to discuss further interest, expertise, suitability, and whether to proceed. If all parties are in agreement, they are then invited to attend a Board meeting as an observer. Following this, they will, if proceeding, follow due diligence and receive the relevant paperwork and complete an enhanced DBS check. If all documents are received and approved, the trustee can be co-opted at the next Board meeting. Official approval and appointment take place at the AGM which usually meets in October of each year. On co-option, trustees will receive:

- Welcome letter including link to Age UK Exeter website and policies, Charity Commission and National Council for Voluntary Organisations (NCVO) and invite to insight/induction morning/or condensed training.
- Trustee Handbook
- · Current strategy
- Governing Document
- · Last annual report
- List of committees
- · Two previous Board minutes
- · Link to financial records
- Dates of meetings for coming year.

Pay policy for senior staff

The Finance committee reviews the salaries of senior staff and makes recommendations to the Board, taking into account market information, and cost of living and wage indices.

Organisational structure

The charity has a Board of Trustees who meet formally bimonthly and are responsible for the strategic direction and governance of the charity. The Board has 8 members (as of 31 March 2024) from a variety of backgrounds relevant to the work of the charity. It also has a finance sub-committee made up of 5 members of the Board, including the Treasurer, Chair, and Vice-Chair. This committee meets monthly and reports to the main Board. It also has a Risk and Quality committee, with 5 members comprising 3 trustees, the CEO and Governance Officer. This committee meets bimonthly and reports to the main Board.

The CEO has overall responsibility for the organisation, the Governance Officer has oversight of all governance of the charity and the Administration, Finance and HR Manager has responsibility for maintaining financial procedures, the production of monthly management accounts, staff payroll and for personnel functions.

Trustees' Report

Related Parties

Age UK Exeter works with both Devon County Council's Adult and Community Services Directorate and with Devon NHS, through our local Integrated Care Boards, the RD&E Hospital Trust and Exeter Primary Care. The charity also has links with Exeter City Council and has good working relationships with relevant local charities. The charity seeks to inform the development, design, and delivery of local services for the benefit of older people and to campaign on issues of local importance. The CEO is currently on the Executive committee of the Age England Association and chairs the Age UK Southwest regional meeting which meets quarterly. This enables the charity to keep abreast of regional and national issues of relevance and advocate for older people locally.

Age UK Exeter is a brand partner of Age UK and a member of the Age UK England Association. Age UK Exeter is subject to Age UK's quality assurance scheme to ensure good quality standards across the Age UK network and achieved the Charity Quality Standard in February 2023. HR support and guidance is provided by a national contract funded by Age UK and provided by Stephens & Scown Solicitors' HR Express service.

Risk Management

The trustees acknowledge that risk management is the responsibility of the Board of Trustees. The Board has therefore agreed a Risk Management Policy which balances the charity's need to take risks in pursuance of its charitable purposes with their duty to ensure that the charity's financial and legal standing and the quality and safety of its operations are not compromised.

The Risk and Quality committee takes responsibility for compiling and updating the Risk Register in consultation with the Governance Officer, Finance committee, and the CEO. The Board also reviews the Risk Register at every meeting. The Board, in consultation with the CEO agree the actions necessary to mitigate risk and these form part of the strategic and operational plan for the following year.

Financial management accounts are produced on a monthly basis and include full cost recovery. The Finance committee reviews performance based on this detailed information each month and reports to the full Board after each of its meetings.

Hawksmoor investments manage the charity's investment portfolio as has been the case for a number of years now. This fund is managed in line with our chosen risk, return and investment policy and formal reporting is received quarterly with an online portal allowing assessment of value at any time.

Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and a system of regular supervision and appraisal is in place to ensure consistent quality of delivery of all operational aspects of the charity. Employment risks have been minimised by accessing Stephens & Scown Solicitors whom we access via Age UK. The Board has also developed and approved a range of policies to meet the governance, legal and best practice needs of the charity, and these have been implemented during the year.

Major risks identified by the processes detailed above have been examined and controls introduced where necessary to mitigate those risks. However, it should be emphasised that these controls can only provide reasonable but not absolute assurance that risks have been adequately mitigated, given the financial uncertainty of the charitable sector.

Trustees' Report

Fundraising activities and income generation

Age UK Exeter are grateful for grants totalling £41,162 including sums from the David Gibbons Foundation, Francis Winham Foundation, National Lottery, McClay Dementia Trust, J Winterbottom N Spicer Charity, NHS and Age UK National.

Donations for the year totalled £28,658, with legacies reflecting £116,452 and fundraising events providing for £12,492. Income generated from charged for services brought in £614,645 in the year. These include our Enabling and Home Support service, Sycamore Day Service, Handyperson service amongst other support services we provide to the community.

Total income reflected in the year equates to £820,645, which is a 4% increase when compared to the year ended March 2023.

Investment policy and performance

The Board of Trustees has agreed on a policy of holding fixed interest, property, and equity investments. The Board adheres to a medium risk investment policy, and the investments are managed on a discretionary basis by Hawksmoor Investment Management. In the year, £50,000 was withdrawn from our investment portfolio, with much of the reinvestment of dividends covering management charges. The underlying investments increased in value by £5,806 during the year. There were investment management costs of £888 (2024). The trustees have chosen to retain the investment income to reinvest to enhance capital growth in the longer term.

Going Concern

After making appropriate enquires, the trustees have a reasonable expectation that the charity has adequate resources to continue for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing financial statements.

Reserves Policy

The Board of Trustees has determined a policy that, wherever possible, the charity should hold reserves of investments and cash equating to no less than 3 months and no more than 6 months of the charity's overall running costs. Where services are at risk and need to be sustained while new sources of funding are sought, the Board agrees that reserves may fall below the level equating to 3 months running costs but should not drop below the level of £200,000 without further authorisation from the Board. Expenditure for the year was £872,659 and therefore reserves should ideally stand at no less than £218.165 and no more than £436,330. This increase in reserves reflects the underlying increase in operating costs borne by Age UK Exeter and the risk awareness of the Board to implement strategic gateposts to raise awareness.

Trustees' Report

Financial review for the year

We closed the year with a loss of £46,208 which includes investment gains of £5,806. Without these gains, we see an operating loss of £52,014.

Income received from grants and legacies outperformed expectation which compensated for losses seen within specific arms within the organisation.

Our Enabling Service provided most of the income reported in the year, however our Sycamore Days, Hospital to Home and Wellbeing Exeter also contributed highly. As denoted in the Trustee Report, we have developed a clear three-year plan which sets out expectations so that the charity remains in-situ for many years to come. Our focus will be on growing our community and engagement with corporate entities, developing services for people living with dementia and their carers and continually looking at our service offering to ensure we exceed our own high expectations.

Although our income has increased by 4% against the prior year, our costs have increased by over 10% which reflects increases in minimum wage, utility fees and inflation. This impact has had severe effects on the charities ability to continue as normal and tough decisions regarding cessation of loss-making activities were made as a consequence in order to protect core areas of the charity.

This impact from an increase in costs, also forced a withdrawal of funds from investment reserves in order to meet short term commitments. Much work has been done to forecast and budget expenditure, however there is still a strong reliance on donations and legacies to which we are incredibly grateful. Without these kind and generous receipts, the charity would not be in service.

We continue to work tremendously hard to achieve a profitable mix between paid for services alongside charitable assistance with our efforts closely monitored by the monthly meeting of the Finance Committee, which reports to the Board.

Principal Funding

The charity's main sources of funding were grants (10%), commissioned services under contract to Devon County Council and RD and E Hospital Trust (11%), fees for charged for services (56%), and donations and legacies (17%).

Trustees' Report

Statement of trustees' responsibilities

The trustees (who are also the directors of Age UK Exeter for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- · select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- · make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 15710/24 and signed on its behalf by:

John Cartridge

Chairman and trustee

Independent Examiner's Report to the trustees of Age UK Exeter ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in respect of Age UK Exeter as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Stuart Carrington FCA

For and on behalf of Westcotts (SW) LLP

Timberly South Street Axminster Devon EX13 5AD

Date: 28.10, 24

Age UK Exeter

Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds	Total 2024 £	Total 2023 £
Income and Endowments					_
Donations and legacies	3	151,443	36,500	187,943	237,534
Charitable activities	4	514,586	100,059	614,645	520,548
Other trading activities	5	12,492	.00,000	12,492	25,519
Investment income	6	5,565		5,565	3,785
Total income		684,086	136,559	820,645	787,386
Expenditure on:					
Raising funds		(21,788)	Ŧ.	(21,788)	(16,833)
Charitable activities	7	(701,132)	(149,739)	(850,871)	(773,657)
Total expenditure Gains/(losses) on		(722,920)	(149,739)	(872,659)	(790,490)
investment assets		5,806		5,806	(8,307)
Net expenditure		(33,028)	(13,180)	(46,208)	(11,411)
Net movement in funds		(33,028)	(13,180)	(46,208)	(11,411)
Reconciliation of funds					
Total funds brought forward		896,676	22,031	918,707	930,118
Total funds carried forward	19	863,648	8,851	872,499	918,707

All of the charity's activities derive from continuing operations during the above two periods. The funds breakdown for 2023 is shown in note 19.

(Registration number: 02703636) Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	13	711,138	714,791
Investments	14	113,317	156,489
		824,455	871,280
Current assets			
Debtors	15	155,701	68,406
Cash at bank and in hand		24,822	106,665
		180,523	175,071
Creditors: Amounts falling due within one year	16	(132,479)	(27,644)
Net current assets		48,044	147,427
Total assets less current liabilities		872,499	1,018,707
Creditors: Amounts falling due after more than one year	17	<u> </u>	(100,000)
Net assets		872,499	918,707
Funds of the charity:			
Restricted income funds			
Restricted funds		8,851	22,031
Unrestricted income funds			
Unrestricted funds		863,648	896,676
Total funds	19	872,499	918,707

For the financial year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

John Cartridge

Chairman and trustee

The notes on pages 15 to 29 form an integral part of these financial statements.

Page 13

Age UK Exeter

Statement of Cash Flows for the Year Ended 31 March 2024

	Note	2024 £	2023 £
Cash flows from operating activities			
Net cash expenditure		(46,208)	(11,411)
Adjustments to cash flows from non-cash items			
Depreciation		8,315	9,920
Investment income	6	(5,565)	(3,785)
Revaluation of investments	=	(5,806)	8,307
		(49,264)	3,031
Working capital adjustments			
(Increase)/decrease in debtors	15	(87,295)	50,945
Increase/(decrease) in creditors	16	4,835	(451)
Net cash flows from operating activities	-	(131,724)	53,525
Cash flows from investing activities			
Interest receivable and similar income	6	5,565	3,785
Purchase of tangible fixed assets	13	(4,662)	(11,173)
Sale of tangible fixed assets		-	1
Purchase of investments	14	(1,910)	(2,229)
Sale of investments	-	50,888	1,112
Net cash flows from investing activities		49,881	(8,504)
Net (decrease)/increase in cash and cash equivalents		(81,843)	45,021
Cash and cash equivalents at 1 April		106,665	61,644
Cash and cash equivalents at 31 March		24,822	106,665

All of the cash flows are derived from continuing operations during the above two periods.

Notes to the Financial Statements for the Year Ended 31 March 2024

1 Charity status

The charity is limited by guarantee, incorporated in England & Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is: The Sycamores Mount Pleasant Road Exeter EX4 7AE

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Age UK Exeter meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. There are no judgements or key sources of estimation uncertainty that have a significant risk of causing a material adjustment to assets and liabilities to be disclosed.

Accounting estimates and assumptions are made concerning the future and, by their nature, will rarely equal the related actual outcome.

Notes to the Financial Statements for the Year Ended 31 March 2024

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Legacy gifts are recognised on a case by case basis following the grant of probate when the administrator/executor for the estate has communicated in writing both the amount and settlement date. In the event that the gift is in the form of an asset other than cash or a financial asset traded on a recognised stock exchange, recognition is subject to the value of the gift being reliably measurable with a degree of reasonable accuracy and the title to the asset having been transferred to the charity.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Notes to the Financial Statements for the Year Ended 31 March 2024

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £100 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class

Short leasehold property
Fixtures and fittings
Motor vehicles
Office equipment

Depreciation method and rate

25% straight line

Straight line - over the life of the lease 20% straight line 25% straight line

There is no charge for depreciation in respect of the Freehold Property, as the residual value is expected to be at least equal to cost.

Fixed asset investments

Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Notes to the Financial Statements for the Year Ended 31 March 2024

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Financial instruments

Classification

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

Recognition and measurement

All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Financial assets and liabilities are only offset in the statement of financial position when, and only when there exists a legally enforceable right to set off the recognised amounts and the charity intends either to settle on a net basis, or to realise the asset and settle the liability simultaneously.

Financial assets are derecognised when and only when a) the contractual rights to the cash flows from the financial asset expire or are settled, b) the charity transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or c) the charity, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Notes to the Financial Statements for the Year Ended 31 March 2024

Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled or expires.

Debt instruments

Debt instruments which meet the following conditions are subsequently measured at amortised cost using the effective interest method:

- (a) The contractual return to the holder is (i) a fixed amount; (ii) a positive fixed rate or a positive variable rate; or (iii) a combination of a positive or a negative fixed rate and a positive variable rate.
- (b) The contract may provide for repayments of the principal or the return to the holder (but not both) to be linked to a single relevant observable index of general price inflation of the currency in which the debt instrument is denominated, provided such links are not leveraged.
- (c) The contract may provide for a determinable variation of the return to the holder during the life of the instrument, provided that (i) the new rate satisfies condition (a) and the variation is not contingent on future events other than (1) a change of a contractual variable rate; (2) to protect the holder against credit deterioration of the issuer; (3) changes in levies applied by a central bank or arising from changes in relevant taxation or law; or (ii) the new rate is a market rate of interest and satisfies condition (a).
- (d) There is no contractual provision that could, by its terms, result in the holder losing the principal amount or any interest attributable to the current period or prior periods.
- (e) Contractual provisions that permit the issuer to prepay a debt instrument or permit the holder to put it back to the issuer before maturity are not contingent on future events, other than to protect the holder against the credit deterioration of the issuer or a change in control of the issuer, or to protect the holder or issuer against changes in levies applied by a central bank or arising from changes in relevant taxation or law.
- (f) Contractual provisions may permit the extension of the term of the debt instrument, provided that the return to the holder and any other contractual provisions applicable during the extended term satisfy the conditions of paragraphs (a) to (c).

Debt instruments that are classified as payable or receivable within one year on initial recognition and which meet the above conditions are measured at the undiscounted amount of the cash or other consideration expected to be paid or received, net of impairment.

With the exception of some hedging instruments, other debt instruments not meeting these conditions are measured at fair value through profit or loss.

Commitments to make and receive loans which meet the conditions mentioned above are measured at cost (which may be nil) less impairment.

Notes to the Financial Statements for the Year Ended 31 March 2024

Investments

Investments in non-convertible preference shares and non-puttable ordinary or preference shares (where shares are publicly traded or their fair value is reliably measurable) are measured at fair value through profit or loss. Where fair value cannot be measured reliably, investments are measured at cost less impairment.

Investments in subsidiaries and associates are measured at cost less impairment. For investments in subsidiaries acquired for consideration including the issue of shares qualifying for merger relief, cost is measured by reference to the nominal value of the shares issued plus fair value of other consideration. Any premium is ignored.

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2024 £
Donations & Legacies			
Donations	28,658	=	28,658
Legacies	116,452		116,452
Grants			
Grants	4,662	36,500	41,162
Subscriptions			
Memberships	1,671		1,671
	151,443	36,500	187,943
	Unrestricted funds General	Restricted funds	Total 2023
Donations & Legacies	funds		
Donations & Legacies Donations	funds General	funds	2023
_	funds General £	funds £	2023 £
Donations	funds General £	funds £	2023 £ 18,735
Donations Legacies	funds General £	funds £	2023 £ 18,735
Donations Legacies Grants	funds General £ 13,507 94,207	funds £ 5,228	2023 £ 18,735 94,207
Donations Legacies Grants Grants	funds General £ 13,507 94,207	funds £ 5,228	2023 £ 18,735 94,207

Notes to the Financial Statements for the Year Ended 31 March 2024

4 Income from charitable activities

Day opportunities Community support services Advice, information and advocacy	Unrestricted funds General £ 99,201 414,648 737	Restricted funds £ 49,338 50,721	Total 2024 £ 99,201 463,986 51,458
	Unrestricted funds	100,059 Restricted	614,645 Total
	General £	funds £	2023 £
Day opportunities	69,369	-	69,369
Community support services	391,243	10,743	401,986
Advice, information and advocacy	48,193	1,000	49,193
	508,805	11,743	520,548
5 Income from other trading activities			
		Unrestricted funds General £	Total 2024 £
Fundraising events		12,492	12,492
		12,492	12,492
Fundraising events		Unrestricted funds General £ 25,519	Total 2023 £ 25,519
		25,519	25,519

Notes to the Financial Statements for the Year Ended 31 March 2024

6 Investment income

	Unrestricted funds General £	Total 2024 £
Bank interest received	3,655	3,655
Income from listed investments	1,910	1,910
	5,565	5,565
	Unrestricted funds General £	Total 2023 £
Bank interest received	1,555	1,555
Income from listed investments	2,230	2,230
	3,785	3,785

7 Expenditure on charitable activities

	Note	Unrestricted funds General £	Restricted funds £	Total 2024 £
Day opportunities		31,667	44,756	76,423
Community support services		368,313	58,155	426,468
Advice, information and advocacy		12,227	46,828	59,055
Support costs	8	288,925		288,925
		701,132	149,739	850,871
		Unrestricted		
	Note	funds General £	Restricted funds	Total 2023 £
Day opportunities	Note	funds General		2023
Day opportunities Community support services	Note	funds General £	funds £	2023 £
• • •	Note	funds General £ 24,243	funds £ 54,639	2023 £ 78,882
Community support services	Note 8	funds General £ 24,243 358,779	funds £ 54,639 15,278	2023 £ 78,882 374,057

Notes to the Financial Statements for the Year Ended 31 March 2024

8 Analysis of support costs

			Advice,			
	C	community i				
	Day	support	andGo	overnance		
	opportunities	services	advocacy	costs	2024	2023
	£	£	£	£	£	£
Staff costs	11,201	162,087	22,368	17,746	213,402	180,155
Premises	13,418	3,531	360	-	17,309	19,568
Finance costs	25	137	19	2,278	2,459	5,287
Expenses	145	813	112	-	1,070	1,047
Operating costs	986	5,519	762	-	7,267	1,533
Central costs	3,024	16,932	2,337	-	22,293	26,056
Maintenance	12,145	2,341	407	-	14,893	21,253
Training	260	1,456	201	-	1,917	505
Depreciation	1,070	6,366	879		8,315	7,457
	42,274	199,182	27,445	20,024	288,925	262,861

9 Net incoming/outgoing resources

Net outgoing resources for the year include:

	c	c
Depreciation of fixed assets	8,315	9,920

10 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year (2023: Nil).

During the year no trustees received any benefits in kind (2023: £Nil), no trustees received reimbursements of expenses (2023: £20).

11 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	664,328	579,842
Social security costs	32,404	28,698
Pension costs	27,160	22,182
	723,892	630,722

Notes to the Financial Statements for the Year Ended 31 March 2024

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2024	2023
	No	No
Number of staff	22	22

No employee received emoluments of more than £60,000 during the year (2023: Nil).

The total employee benefits of the key management personnel of the charity were £59,933 (2023 - £57,248).

12 Independent examiner's remuneration

	2024 £	2023 £
Fees payable to the independent examiner for: Independent examination of the financial statements	2,150	2,000
Other financial services	 	1,610
	2,150	3,610

13 Tangible fixed assets

	Freehold property £	Fixtures and fittings	Motor vehicles £	Office equipment £	Total £
Cost					
At 1 April 2023 Additions	702,445 	11,641 4,662	8,637	34,204	756,927 4,662
At 31 March 2024	702,445	16,303	8,637	34,204	761,589
Depreciation At 1 April 2023 Charge for the	3 0	5,794	8,637	27,705	42,136
year		2,654		5,661	8,315
At 31 March 2024		8,448	8,637	33,366	50,451
Net book value					
At 31 March 2024	702,445	7,855	<u>=</u>	838	711,138
At 31 March 2023	702,445	5,847	<u> </u>	6,499	714,791

Notes to the Financial Statements for the Year Ended 31 March 2024

14 Fixed asset investments

	Listed investments £	Total £
Cost or Valuation		
At 1 April 2023	156,489	156,489
Revaluation	5,806	5,806
Additions	1,910	1,910
Disposals	(50,888)	(50,888)
At 31 March 2024	113,317	113,317
Net book value		
At 31 March 2024	113,317	113,317
At 31 March 2023	156,489	156,489

Investments are held at fair value which has been provided by the investment managers, Hawksmoor Investment Management.

Historical cost of the investments is £95,975.

15 Debtors

		2024 £	2023 £
Trade debtors		78,096	64,088
Prepayments		5,545	3,318
Other debtors		72,060	1,000
		155,701	68,406
16 Creditors: amounts falling due v	within one year		
		2024	2023
		£	£
Trade creditors		157	9,715
Social investment loan		100,000	
Other taxation and social security		7,069	6,495
Other creditors		4,208	3,955
Accruals		21,045	7,479
		132,479	27,644

Notes to the Financial Statements for the Year Ended 31 March 2024

17 Creditors: amounts falling due after one year

	2024	2023
	£	£
Social investment loan		100,000

18 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £27,161 (2023 - £22,182).

19 Funds

	1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Other gains /(losses) £	31 March 2024 £
Unrestricted funds						
General General Funds	276,475	684,086	(722,920)	(179,799)	5,806	63,648
Designated Fixed Assets	620,201		<u> </u>	179,799		800,000
Total unrestricted funds	896,676	684,086	(722,920)	, <u></u>	5,806	863,648
Restricted funds						
Dementia Carer Support	11,833	9,000	(17,833)	5. 5	-	3,000
Hardship and Amenity	1,608	550	(200)	12	12	1,958
Information/Advice	=	4,000	(4,000)	-	-	; =)
Wellbeing Exeter Cost of living crisis	=	48,788	(48,788)	2	<u>u</u> ,	•
fund	6,923	20,000	(26,923)	5 1	-	4.54
Handyperson fund	1,667	7,500	(9,167)	<u>=</u>	~	
Hospital to Home		46,721	(42,828)		-	3,893
	22,031	136,559	(149,739)	-	v <u> </u>	8,851
Total funds	918,707	820,645	(872,659)		5,806	872,499

Age UK Exeter

Notes to the Financial Statements for the Year Ended 31 March 2024

	1 April 2022 £	Incoming resources	Resources expended £	Transfers £	Other gains /(losses) £	31 March 2023 £
Unrestricted funds						
General General Funds	298,736	680,492	(702,689)	8,243	(8,307)	276,475
Designated Fixed Assets	620,201					620,201
Total unrestricted funds	918,937	680,492	(702,689)	8,243	(8,307)	896,676
Restricted funds			2			
Capital Projects Dementia Carer	5,752	2,491) <u>=</u>):	(8,243)	≥ 0	141
Support	3,333	28,184	(19,684)		.E0	11,833
Hardship and Amenity	1,263	540	(195)	=	-0	1,608
Information/Advice	2	11,429	(11,429)	=	.	353
Men in Sheds	- -	28,331	(28,331)	-	₩5	
Social Support	833	3,020	(3,853)	-	-	:-:
Wellbeing Exeter	#	12,603	(12,603)	-	- 5	=
Community Activities	=	5,236	(5,236)		-	:•:
Cost of living crisis fund		10,000	(3,077)	-	물?	6,923
Handyperson fund		5,060	(3,393)			1,667
	11,181	106,894	(87,801)	(8,243)		22,031
Total funds	930,118	787,386	(790,490)		(8,307)	918,707

Notes to the Financial Statements for the Year Ended 31 March 2024

The specific purposes for which the funds are to be applied are as follows:

Dementia Carer is funding towards the purpose of providing support to people living with dementia and their carers.

Hardship and Amenity is funding towards the purpose of providing financial support for clients who are not able to support their own care needs.

Information/Advice is funding towards the purpose of offering confidential information and advice appointment services.

Men in Sheds is funding towards the purpose of providing a safe haven for men in Exeter and allow for the refurbishment of tools and equipment.

Social Support is funding towards the purpose of providing social support to patients in Exeter.

Wellbeing Exeter is funding towards the purpose of increasing community activities and involvement in Exeter.

Community Activities is funding towards the purpose of providing multiple activities such as craft groups, lunch clubs, exercise clubs and singing events in Exeter.

Cost of living crisis fund is funding towards the purpose of providing additional support for the charity in relation to increases in cost of living.

Handyperson fund is funding towards the purpose of providing handyperson services around the home.

Hospital to Home is funding towards the purpose of supporting patients and families to ensure suitable care is in place when returning home from hospital.

Notes to the Financial Statements for the Year Ended 31 March 2024

20 Analysis of net assets between funds

	Unrestricte	ed funds	Restricted	Total funds at 31 March
	General f	Designated f	funds £	2024 £
Tangible fixed assets	90,937	620,201	~ :=	711,138
Fixed asset investments	113,317	· -	-	113,317
Current assets	171,672	_	8,851	180,523
Current liabilities	(132,479)			(132,479)
Total net assets	243,447	620,201	8,851	872,499
	Unrestricto General	ed funds Designated	Restricted funds	Total funds at 31 March 2023
	£	£	£	£
Tangible fixed assets	94,590	620,201	(2)	714,791
Fixed asset investments	156,489	-	18.	156,489
Current assets	153,040	-	22,031	175,071
Current liabilities	(27,644)	-	-	(27,644)
Creditors over 1 year	(100,000)			(100,000)
Total net assets	276,475	620,201	22,031	918,707

21 Related party transactions

Trustees made unconditional donations to the Charity during the year, totalling £4,550 (2023 - £450).