



NCC Carers Week Schedule

10th - 16 June 2024



MON 10TH

TUE 11TH

WED 12TH

THU 13TH

FRI 14TH

SAT 15TH

SUN 16TH

Happiness in a Bag
Workshop
11:00 am - 12:30 pm

Venue: NCC
(See overleaf for
address details)

Aromatherapy
Workshop
11:00 am -12:30
pm

Venue: St Mark's
Community
Centre
**BOOKING
REQUIRED**

Pamper Day
Massage

Venue:
NCC
Limited Spaces
**BOOKING
REQUIRED**

Happiness from
Within
Workshop
10:00 am -
12:00 pm

Venue: NCC

Clacton-on-Sea
Trip
(Carers only)

All Day
Limited spaces
**BOOKING
REQUIRED**

Carers
Celebration Fair
Venue: Ascension
Church Centre

11:00 am - 4:00
pm

Forest Gate
Community
Gardening
Workshop

1:30 - 4:00 pm

Online Quiz

Via Zoom
4:00 - 5:00 pm

(See overleaf
for details)

Tea Party & Prize Bingo
12:30 - 2:30 pm
Venue: St Mark's
Community Centre

**YC Information
Workshop**
4:00 - 6:30 pm
Venue: East Ham
Library

Botanical Card
Making
Workshop
2:00 - 3:30 pm
Venue: St Mark's
Community
Centre
**BOOKING
REQUIRED**

Carer's Rights
Online Workshop
Via Zoom
6:30 pm -8:00 pm
YC Movie Night
4:00 pm - 6:30 pm
Venue: East Ham
Library
**BOOKING
REQUIRED**

For bookings and further info please

Email: info@newhamcarerscommunity.org.uk

or Telephone: **02039 543 143**

Venue address's listed overleaf



VENUE ADDRESS LIST

01	NEWHAM CARERS COMMUNITY (NCC)	655 Barking Rd, London, E13 9EX
02	FOREST GATE GARDEN	136 Earlham Grove London, E7 9AD
03	St MARK'S COMMUNITY CENTRE	218 Tollgate Rd, London E6 5YA
04	EAST HAM LIBRARY	328 Barking Rd, London E6 2RT
05	CARERS RIGHTS WORKSHOP ZOOM DETAILS	https://us06web.zoom.us/j/85870136444?pwd=io94iLwmG0cMwhKT5yT1SFOXl6Abuc.1 Meeting ID: 858 7013 6444 Passcode:5599
06	Ascension CHURCH CENTRE	Baxter Road, E16 3HJ
07	ONLINE QUIZ ZOOM DETAILS	https://us06web.zoom.us/j/82718945334?pwd=ozV0bAlge5dOQY9MNOdmTvCZ9XCbch.1 Meeting ID: 827 1894 5334 Passcode: 6688