



**Come Along and Join Us
for Carers Rights Day
Drop-in Information
Session**

**Book Now
Spaces are
limited!**

Thursday 21st November 2024

11:00 am - 1:30 pm

**655 Barking rd. E13 9EX
(Age UK East London Offices)**

**Meet a variety of local organisations
who can offer support to you and those you
care for**

For more information and bookings:

0203 9543 143

info@newhamcarerscommunity.org.uk