

# Adult Carers Forum

**We're excited to announce the launch of the Adult Carers Forum, a new initiative dedicated to supporting and empowering adult carers in our community.**

**If you'd like to help shape this initiative and share your ideas, we'd love for you to join us:**

**Thursday, 20th February**

**At 11:00 AM**

**655 Barking Rd, E13 9EX**

**02039 543143**

**[info@newhamcarerscommunity.org.uk](mailto:info@newhamcarerscommunity.org.uk)**