USEFUL DEMENTIA APPS

	Mindmate - is a health and wellness app designed to support cognitive function and overall well-being, particularly for older adults or individuals experiencing memory issues, including those with dementia or Alzheimer's disease.
	Lumosity - is a brain-training app designed to improve cognitive abilities through games and exercises that challenge memory, attention, problem-solving, and critical thinking. It is popular among users of all ages who are looking to boost mental sharpness.
	YouTube is a free video sharing app and website that makes it easy to watch online videos. You can even create and upload your own videos to share with others. You'll find all kinds of videos on YouTube—adorable cats, quirky cooking demos, funny science lessons, quick fashion tips, "how to" tutorials, and a whole lot more.
	Spotify is a digital music streaming service that gives users access to millions of songs, podcasts, and other audio content from artists around the world. It offers both free and premium subscription plans. The free version includes ads and has some limitations, such as lower audio quality and limited ability to skip tracks. The premium version, which requires a monthly fee, allows users to enjoy ad-free music, download content for offline listening, and access higher-quality audio.
	Clear Dementia Care - is an app designed to support caregivers and professionals in managing and understanding behaviors associated with dementia. It provides practical tools and strategies for addressing common challenges faced by people with dementia and their caregivers.
	My House of Memories - is an app designed to support people with dementia and their caregivers by helping to trigger memories through interactive reminiscence activities. It was developed by National Museums Liverpool and is particularly focused on using objects from the past to stimulate memory recall.
	Jigsaw Puzzles Crown - is a digital jigsaw puzzle app that offers a wide variety of puzzles for users to enjoy. It's designed to provide a relaxing and enjoyable experience while also promoting cognitive engagement.

	Mind Pal - MindPal is a brain-training app designed to enhance cognitive abilities through a variety of mental exercises and games. It focuses on improving memory, attention, and problem-solving skills.
	Radio Player UK - The Radio Player UK app is a digital platform that allows users to listen to live radio broadcasts from a wide range of UK radio stations.
	Piano with songs is an interactive app designed to help users learn to play the piano through a vast library of songs. It caters to both beginners and more experienced players, offering a fun and engaging way to practice piano skills. Here
	Audible - Another prominent app with podcasts, Audible is best known as a leading app for listening to audiobooks. This makes the app highly entertaining for, in particular, older adults who love reading but have experienced some level of vision loss. You can also access audio sleep aids or guided meditations through the Audible app.
	Streaming Apps – BBC Iplayer, S4c, ITVX, Netflix, Amazon Prime.