

Chatty Tables



Meet others in your local community and boost your wellbeing

**Join us every Monday
10.30am - 12.00pm**

Tackle loneliness together by pulling up a chair and joining our volunteer at the table for a cuppa and a natter.

**Exmouth Pavilion
The Esplanade
Exmouth
EX8 2AZ**

For more information please contact us

0333 241 2340

email info@ageukdevon.org.uk

or visit ageuk.org.uk/devon

