

Please contact the instructor or our office before attending a session

Class Name	Type	Address	Postcode	Contact name	Contact number	Day	Time	Cost	Status
Aston-on-Trent CBE	CBE	Recreation Centre, Shardlow Road Aston-on-Trent	DE72 2AN	Lindsay Robins	07874 862287	Mon	10.30-11.30	£3.50	Space
Barrow Tai Chi	Tai Chi	Barrow-Upon-Trent Village Hall	DE73 7HA	Lisa Dengate	07989 449875	Mon	2.00-3.00pm	£32.50 for 5 sessions or £8 each	Currently full
Etwall PSI	PSI	School Rooms, Methodist Church, Willington Road	DE65 6HX	Emma Yates	07554 868161	Tue	11:00 - 12:00	£5.00	Space
Findern CBE	CBE	Brook Close Community Rooms Derby	DE65 6BJ	Maisie Williams	01283 703047	Tue	1.45-2.45		Space and open every other week
Hatton CBE	CBE	Jubilee Hall, Station Road, Hatton		Helen Baker	07426 569780	Wed	11.00-12.00	£4.00	Space
Melbourne Otago	Otago	Melbourne Assembly Rooms, High Street Melbourne	DE73 8GJ	Douglas Mclay	07969 126940	Wed	2.30-3.30pm	£3.50	Space
Melbourne Postural Stability	PSI	Melbourne Assembly Rooms, High street, Melbourne	DE73 8GJ	Rachel Hudson	07896 031084	Mon	13:45 to 14:45	£5.00	Space
Oaklands Village CBE/Otago	CBE/Otago	Oaklands Village, Hall Farm Road Swadlincote	DE11 8LH	Lisa Dengate	07989 449875	Tue	11:00 - 12:00	£4.00	Currently full

Oaklands Village Otago 2	Otago	Oaklands Village, Hall Farm Road Swadlincote	DE11 8LH	Douglas Mclay	07969 126940	Mon	1:30-2:30pm	£3.50	Space
Oaklands Village Tai Chi	Tai Chi	Oaklands Village, Hall Farm Road Swadlincote	DE11 8LH	Lisa Dengate	07989 449875	Wed	14:30 - 15:30	£6.00	Currently full
Overseal PSI	PSI	St Matthews Community Centre, Woodville Road, Overseal	DE12 6JG	Sue Washington	07875 952874	Mon	1:30-2:30	£5.00	Currently full
Repton Tai Chi (once a month at The Den)	Tai Chi	Repton Village Hall, Askew Drive	DE65 6GR	Lisa Dengate	07989 449875	Tue	14:00 - 15:00	£32.50 for 5 sessions or £8 each	Currently full
Swadlincote PSG	PSG	Swadlincote Fire Station, Community Room Civic Way	DE11 0AE	Rachel Hudson	07896 031084	Fri	10.30am-11.30am	£4.50	Space
Willington Village Hall CBE/Otago	CBE/Otago	Willington Village Hall, Twyford Road	DE65 6DE	Emma Yates	07554 868161	Mon	11:15-12:15	£5.00	space
Willington Village Hall CBE	CBE	Willington Village Hall, Twyford Road	DE65 6DE	Lisa Dengate	07989 449875	Thu	12:30-1:30	£25 for 6 sessions or £6 each	Currently full
Willington Village Hall PSI	PSI	Willington Village Hall, Twyford Road	DE56 6DE	Emma Yates	07554 868161	Mon	10:00-11:00	£5.00	Currently full
Church Gresley PSI	PSI	Methodist Church, York Road, Church Gresley	DE11 9QQ	Sue Washington	07875 952874	Mon	3.15pm-4.15pm	£5.00	Space
Scropton CBE	CBE	Scropton village Hall	DE65 5PS	Michelle Coglán	07854 226631	Fri	10am-11am		Space

Church Broughton CBE	CBE	Chapel Lane Hall, Church Broughton		Michelle Coglan	07854 226631	Tues	10am	£4.00	Space
Rosliston and Cauldwell & Seated Yoga	Otago & seated yoga	Rosliston and Cauldwell, Rosliston Road	DE12 8JW	Hayley Miller	hayleymiller1979@outlook.com	Wed	12:00-13:00	£7.00	Space
Newhall Strength and Balance CBE/Otago	CBE/Otago	Bretby Road, Newhall	DE11 0LH	Sue Williams	07940 580891	Fri	1:30-2:30	£5.00	Space
Wildminds Tai Chi / Strength & Balance	Tai Chi	St George & Mary's Church Hall, Church Gresley		Becki and Jodi	07445 209725	Tue	1pm	£5.00	space
Wildminds Tai Chi	Outdoor Tai Chi	Moira Furnace, Moira		Becki and Jodi	07445 209725	Sat	9am	£7.00	Space
Doveridge CBE/Otago	CBE/Otago	Village Hall, Sand Land, Doveridge	DE6 5JQ	Annie	07779 575752	1pm	Mon		space
Swadlincote PSG	PSG	Fire and Ambulance Station, Civic Way, Swadlincote	DE11 0AE	Rachel Hudson	07896 031084	10:30	Fri		£5 space