

Class Name	Type	Address	Postcode	Contact name	Contact details	Day	Time	Status	Cost
Alfreton LC Tai Chi	Tai Chi	Leisure Centre, Church Street, Alfreton	DE55 7BD	Dave Ashbey	07981 488890 dave.ashbey@gmail.com	Tue	15:05	space	£5.00
Alfreton Strength and Balance	Strength and Balance	Palmer Morewood Club, 36 Hall Street, Alfreton	DE55 7BU	Collette Watson	07778 745650	Wed	11:00am	SPACE	£3.50
Belper CBE & Otago	CBE/Otago	Whitemoor Lane Medical Centre, Belper	DE56 0JB	Christine Holland	07929 132226	Mon	2pm	currently full	£4.00
Belper Strutts CBE	CBE	Strutts Centre, Derby Road, Belper	DE56 1UU	Christine Holland	07929 132226	Tue	10:30am	space	£4.00
Belper Strutts PSG 1	PSG	Strutts Centre, Derby Road, Belper	DE56 1UU	Emma Yates	07554 868161	Tue	1:30pm	space	£5.00
Belper Strutts PSG 2	PSG	Strutts Centre, Derby Road, Belper	DE56 1UU	Emma Yates	07554 868161	Wed	2pm	space	£5.00
Ripley SA Tai chi	Tai Chi	Salvation Army Hall, 25 Heath Rd, Ripley	DE5 3EN	Linda Christian	01773 741690	Tue	12:30pm	space	£4.00
Riddings Tai Chi	Tai Chi	ADDRESS TO BE CHANGED -either Alfreton or Butterley		Sue Wain	07973 527233	Fri	11am	space	£8.00
The Wellbeing Sanctuary	Qigong and CBE	Alfreton Community Hall, 3-5 Mansfield Road	DE55 7JJ	Sue Wain	07973 527233	Mon	1-3pm		£10.00
Greenwich Tai Chi	Tai Chi	The Greenwich Centre, Nottingham Road, Ripley	DE5 3AY	Sue Wain	07973 527233	Tues	7-8pm		£8.00

