

## Tootsies Footcare Service Information for Applicants

Tootsies offers a regular 6 weekly footcare service in community centres and is available on an open-access, self-referral basis. Charges have just increased, and might rise again but are still low in comparison to other footcare options available (£17 per treatment). Positive feedback from customers is very high. The service is delivered by a small, trained team of paid staff and, where available, volunteers for each venue.

Sessions are offered with booked appointments of approximately 30 minutes. Customers receive an introductory assessment session and purchase toenail clippers and file packs and then bring them with them for each subsequent visit. The service cannot support clients on specific medications, or diagnosed with diabetes, so customers who are not eligible for the service ( ) are referred to alternative treatment providers. Each visit includes a welcome at reception, payment, booking next session, foot care treatment including all supplies (nail trim and hard skin removal, dry and lotion rub). We also offer a range of footcare products that customers can buy at the session.

The Podiatry Service continues to support the service by providing a bespoke training programme and monitoring quality through core competency standards.

The service can help older people to:

- Stay mobile or get mobile again.
- Improve their self-esteem and confidence.
- Manage long-term health conditions.
- Prevent more serious footcare problems developing.
- Identify early some health conditions.
- The service will also help support family and friends who care for an older person.

**Please note.** Due to the nature of the service, the use of external public venues and the geographical location of each service area the role of Footcare Service Assistant requires:

- Sufficient physical strength and balance to handle setting up and clearing away footcare treatment equipment and supplies for each session, and re-stocking supplies.
- An ability to access community venues and public locations.
- Access to a car for every session to move bulky session materials.
- Adequate vision and dexterity to deliver footcare treatments including toe nail cutting and assessments.