



Service Overview

- Flexible Assistance to meet individual needs to remain living independently at home. Providing reassuring daily contact (Mon-Fri) either in person or by telephone call.
- Support with small practical tasks to ensure a sense of security and wellbeing.
- Free 2 weeks trial.



How did I cope before? Bits of shopping, sorting my post, watering plants, filling my bird feeder and bringing me a cup of tea...wonderful.



Contact Us

Email: wardens@ageukcap.org.uk

Tel: **07436 102 736**

How We Can Help

Listening to concerns and linking the person to helpful information and guidance.
Advice on other local community services
Small items of shopping
Collecting prescriptions
Reading post
Making phone calls on the person's behalf, if requested
Ensuring the person's safety and wellbeing
Our Services
Information and Advice
Finances, Health, Social Care, and much more
Finances, Health, Social Care, and much more
Finances, Health, Social Care, and much more Practical Support
Finances, Health, Social Care, and much more Practical Support Community Wardens
Finances, Health, Social Care, and much more Practical Support Community Wardens Hospital Discharge and Admission Avoidance
Finances, Health, Social Care, and much more Practical Support Community Wardens Hospital Discharge and Admission Avoidance Cambridgeshire Handyperson
Finances, Health, Social Care, and much more Practical Support Community Wardens Hospital Discharge and Admission Avoidance Cambridgeshire Handyperson Social Opportunities
Finances, Health, Social Care, and much more Practical Support Community Wardens Hospital Discharge and Admission Avoidance Cambridgeshire Handyperson Social Opportunities Day Services and Friendship Clubs
Finances, Health, Social Care, and much more Practical Support Community Wardens Hospital Discharge and Admission Avoidance Cambridgeshire Handyperson Social Opportunities Day Services and Friendship Clubs Sharing Time

Visit our website www.ageukcap.org.uk