

# **Stapleford Warden Scheme**

# **Service Overview**

Flexible Assistance to meet individual needs to remain living independently at home. Providing reassuring daily contact (Mon-Fri) either in person or by telephone call.

Support with small practical tasks to ensure a sense of security and wellbeing.

Free 2 weeks trial.

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How did I cope before? Bits of shopping, sorting my post, watering plants, filling my bird feeder and bringing me a cup of tea...wonderful.

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# **Contact Us**

Email: wardens@ageukcap.org.uk

Tel: 07436 102 733



Warden

Community

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# **Community Warden**

# **How We Can Help**

Listening to concerns and linking the person to helpful information and guidance.

- Advice on other local community services
- Small items of shopping
- Collecting prescriptions
- Reading post

Making phone calls on the person's behalf, if requested

Ensuring the person's safety and wellbeing

## **Our Services**

#### ] Information and Advice

Finances, Health, Social Care, and much more

#### Practical Support

Community Wardens

Hospital Discharge and Admission Avoidance

Cambridgeshire Handyperson

#### Social Opportunities

Day Services and Friendship Clubs Sharing Time

#### Get Involved

Volunteering

Fundraising

Visit our website www.ageukcap.org.uk

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