



## Littleport Warden Scheme

### Service Overview

---

- Flexible Assistance to meet individual needs to remain living independently at home. Providing reassuring daily contact (Mon-Fri) either in person or by telephone call.
- Support with small practical tasks to ensure a sense of security and wellbeing.
- Free 2 weeks trial.

“

**How did I cope before? Bits of shopping, sorting my post, watering plants, filling my bird feeder and bringing me a cup of tea...wonderful.**

”

### Contact Us

---

Email: [wardens@ageukcap.org.uk](mailto:wardens@ageukcap.org.uk)

Tel: **07970 166 835**

## How We Can Help

---

- Listening to concerns and linking the person to helpful information and guidance.
- Advice on other local community services
- Small items of shopping
- Collecting prescriptions
- Reading post
- Making phone calls on the person's behalf, if requested
- Ensuring the person's safety and wellbeing

## Our Services

---

### Information and Advice

Finances, Health, Social Care, and much more

### Practical Support

Community Wardens

Hospital Discharge and Admission Avoidance

Cambridgeshire Handyperson

### Social Opportunities

Day Services and Friendship Clubs

Sharing Time

### Get Involved

Volunteering

Fundraising

**Visit our website**

**[www.ageukcap.org.uk](http://www.ageukcap.org.uk)**

Registered Charity No. 1165856