# Cambridgeshire & Peterborough

# **Linton Warden Scheme**

## **Service Overview**

- Flexible Assistance to meet individual needs to remain living independently at home. Providing reassuring daily contact (Mon-Fri) either in person or by telephone call.
- Support with small practical tasks to ensure a sense of security and wellbeing.
- Free 2 weeks trial.

How did I cope before? Bits of shopping, sorting my post, watering plants, filling my bird feeder and bringing me a cup of tea...wonderful.

## **Contact Us**

Email: wardens@ageukcap.org.uk

Tel: 07931 852 019

### How We Can Help

- Listening to concerns and linking the person to helpful information and guidance.
- Advice on other local community services
- Small items of shopping
- Collecting prescriptions
- Reading post
- Making phone calls on the person's behalf, if requested
- Ensuring the person's safety and wellbeing

### **Our Services**

#### ] Information and Advice

Finances, Health, Social Care, and much more

#### Practical Support

**Community Wardens** 

Hospital Discharge and Admission Avoidance

Cambridgeshire Handyperson

#### Social Opportunities

Day Services and Friendship Clubs

Sharing Time

#### Get Involved

Volunteering

Fundraising

#### Visit our website

#### www.ageukcap.org.uk