

## **Service Overview**

- Flexible Assistance to meet individual needs to remain living independently at home. Providing reassuring daily contact (Mon-Fri) either in person or by telephone call.
- Support with small practical tasks to ensure a sense of security and wellbeing.
- 🔲 Free 2 weeks trial.



How did I cope before? Bits of shopping, sorting my post, watering plants, filling my bird feeder and bringing me a cup of tea...wonderful.



# **Contact Us**

Email: wardens@ageukcap.org.uk

Tel: **07957 608 530** 





## **Service Overview**

- Flexible Assistance to meet individual needs to remain living independently at home. Providing reassuring daily contact (Mon-Fri) either in person or by telephone call.
- Support with small practical tasks to ensure a sense of security and wellbeing.
- Free 2 weeks trial.



How did I cope before? Bits of shopping, sorting my post, watering plants, filling my bird feeder and bringing me a cup of tea...wonderful.



# **Contact Us**

Email: wardens@ageukcap.org.uk

Tel: **07957 608 530** 

# Community Warden

## **How We Can Help**

	Our Services
	Ensuring the person's safety and wellbeing
	Making phone calls on the person's behalf, if requested
<b></b> F	Reading post
	Collecting prescriptions
	Small items of shopping
	Advice on other local community services
	istening to concerns and linking the person to nelpful information and guidance.

Information and Advice

Finances, Health, Social Care, and much more

Practical Support

Community Wardens

Hospital Discharge and Admission Avoidance

Cambridgeshire Handyperson

Social Opportunities

Day Services and Friendship Clubs

**Sharing Time** 

Get Involved

Volunteering

**Fundraising** 

Visit our website www.ageukcap.org.uk

# How We Can Help

Listanias to soussess and listing the names to	
Listening to concerns and linking the person to helpful information and guidance.	
Advice on other local community services	
Small items of shopping	
Collecting prescriptions	
Reading post	
Making phone calls on the person's behalf, if requested	
Ensuring the person's safety and wellbeing	
Our Services	
Information and Advice	
Finances, Health, Social Care, and much more	
Practical Support	
Practical Support	
Practical Support  Community Wardens	
Community Wardens	
Community Wardens Hospital Discharge and Admission Avoidance	
Community Wardens Hospital Discharge and Admission Avoidance Cambridgeshire Handyperson	
Community Wardens  Hospital Discharge and Admission Avoidance Cambridgeshire Handyperson  Social Opportunities	
Community Wardens Hospital Discharge and Admission Avoidance Cambridgeshire Handyperson Social Opportunities Day Services and Friendship Clubs	

Visit our website www.ageukcap.org.uk

**Fundraising** 

**Community Warden**