

## **Service Overview**

- Flexible Assistance to meet individual needs to remain living independently at home. Providing reassuring daily contact (Mon-Fri) either in person or by telephone call.
- Support with small practical tasks to ensure a sense of security and wellbeing.
- Free 2 weeks trial.



How did I cope before? Bits of shopping, sorting my post, watering plants, filling my bird feeder and bringing me a cup of tea...wonderful.



## Contact Us

Email: wardens@ageukcap.org.uk

Tel: **07918 569 987** 

## **How We Can Help**

	stening to concerns and linking the person to elpful information and guidance.
Ac	dvice on other local community services
☐ Sı	mall items of shopping
Co	ollecting prescriptions
Re	eading post
	aking phone calls on the person's behalf, if quested
☐ Er	nsuring the person's safety and wellbeing
O	ur Services
	nformation and Advice
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_	Finances, Health, Social Care, much more ractical Support
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_ P¹	Finances, Health, Social Care, much more ractical Support Community Wardens Hospital Discharge and Admission Avoidance
_ P¹	Finances, Health, Social Care, much more ractical Support Community Wardens Hospital Discharge and Admission Avoidance Cambridgeshire Handyperson
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	Finances, Health, Social Care, much more ractical Support Community Wardens Hospital Discharge and Admission Avoidance Cambridgeshire Handyperson ocial Opportunities Day Services and Friendship Clubs
	Finances, Health, Social Care, much more ractical Support Community Wardens Hospital Discharge and Admission Avoidance Cambridgeshire Handyperson ocial Opportunities Day Services and Friendship Clubs Sharing Time
	Finances, Health, Social Care, much more ractical Support Community Wardens Hospital Discharge and Admission Avoidance Cambridgeshire Handyperson ocial Opportunities Day Services and Friendship Clubs Sharing Time et Involved

Visit our website www.ageukcap.org.uk