



## **Service Overview**

- Flexible Assistance to meet individual needs to remain living independently at home. Providing reassuring daily contact (Mon-Fri) either in person or by telephone call.
- Support with small practical tasks to ensure a sense of security and wellbeing.
- Free 2 weeks trial.

How did I cope before? Bits of shopping, sorting my post, watering plants, filling my bird feeder and bringing me a cup of tea...wonderful.

## **Contact Us**

Email: wardens@ageukcap.org.uk

Tel: **07970 166 835** 

## What Can We Help With?

Listening to concerns and linking the person to helpful information and guidance.
Advice on other local community services
Small items of shopping
Collecting prescriptions
Reading post
Making phone calls on the person's behalf, if requested
Our Services
Information and Advice
Finances, Health, Social Care, and much more
Practical Support
Community Wardens
Hospital Discharge and Admission Avoidance
Hospital Discharge and Admission Avoidance Cambridgeshire Handyperson
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Cambridgeshire Handyperson
Cambridgeshire Handyperson  Social Opportunities
Cambridgeshire Handyperson  Social Opportunities  Day Services and Friendship Clubs
Cambridgeshire Handyperson  Social Opportunities  Day Services and Friendship Clubs  Sharing Time

Visit our website www.ageukcap.org.uk

Community Warden