



Day Services

Tuesday Club Day Services

- Opportunity for older people with learning difficulties to socialise in a happy and stimulating environment
- Our staff are trained to support your health and wellbeing, and to help you remain independent
- Vital respite for families and carers
- Lots of fun, variety of activities and speakers

Come and join us!

**Tuesday Club
March**

Tuesdays

10.00am to 2.30pm

Contact us to find out more:

Email: dayservices@ageukcap.org.uk

Tel: **01733 806 336**