

# **Day Services**

- Day Services
- Opportunity to socialise and feel secure in a happy and stimulating environment.
- Our staff are trained to support your health and wellbeing, and to help you remain independent.
- Hot lunch provided at some of our Day Centres
- Vital respite for families and carers.
- Lots of fun, variety of activities and speakers.

# Come and join us from 10am to 2:30pm!

## Cherry Trees- Cambridge

Monday, Tuesday and Thursday

### Monday & Tuesday Club—March

Tuesday is for older people with learning difficulties

#### **Orton Malbourne- Peterborough**

Monday and Wednesday

Oasis & St Augustine Centre-Wisbech

Monday, Wednesday and Friday

**Contact us to find out more:** 

Email: dayservices@ageukcap.org.uk

Tel: 01733 806 336