



## Orton Day Services

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- Our staff are trained to support your health and wellbeing, and to help you remain independent.
- Support to access other services.
- Vital respite for families and carers.
- Opportunity to socialise and feel secure in a happy and stimulating environment.

**Come and join us!**

**Orton Day Service  
Peterborough**

**Mondays and Wednesdays**

**10.00am to 2.30pm**

**Contact us to find out more**

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Email: [dayservices@ageukcap.org.uk](mailto:dayservices@ageukcap.org.uk)

Tel: **01733 806 336**

**Day Services**



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**Day Services**

## What can we help with

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- An opportunity for older people to socialise, make friends and participate in activities.
- A hot meal is served at lunchtime with refreshments throughout the day.

## Our Services

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### Information and Advice

Finances, Health, Social Care, And Much More

### Practical Support

Community Wardens

Hospital Discharge and Admission Avoidance

Cambridgeshire Handyperson

### Social Opportunities

Day Services and Friendship Clubs

Sharing Time

### Get Involved

Volunteering

Fundraising

**Visit our website**

**[www.ageukcap.org.uk](http://www.ageukcap.org.uk)**

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