

GENERAL INFORMATION



Should anyone like a Printed copy of the newsletter please ask at the Jubilee reception.

An alternative electronic version of this newsletter in PDF format, as well as previous releases, is available on the AgeUK Bury website. Find it on the 'Get Involved' - 'Newsletters' web tabs.



We have a new Facebook page !!
Please find and visit us at <https://www.facebook.com/AgeUKBury/>

Don't forget to hit that
Follow!



MUSIC IN MIND PROGRAMME



Please note our new 2025 times...

Tuesday afternoons, arrival by 14.30pm, session starts at 14.45pm
Refreshments are served before the session.

Do you know someone with dementia that would enjoy creating music?

Please bring them along to the weekly Tuesday afternoon music session at the Jubilee. It will be a great experience for them and it's free.

JUBILEE LUNCH CLUB

Every TUESDAY at 12.00 pm

Stop by and enjoy a special meal and get to know new people
or catch up with old friends.

Our new café manager's exciting new menu
will leave your taste buds tingling and craving more.

Consisting of a special two course menu - a main, a sweet and a hot drink.
Special price of £9.75

All welcome! Reserve your place at the Café or
at Jubilee reception by calling 0161 763 9030



CHARITY SHOP ITEMS - NOW ONLINE



Are you interested in items we have in our shops but unable to get to them?

We now have an online Vinted store to compliment our shops with specially selected items. Please have a browse and grab yourself a bargain.

Go to the Vinted website and just search for Ageukramsbottom or search for Member Number: 249292027

www.vinted.co.uk/member/249292027

BENEFITS ADVICE

We have a dedicated team of specialist advisors who can help with entitlements.

If you are over the state pension age and would like to use our services, which include assistance with benefits checks, filling out forms, or any other guidance then please phone 0161 763 9030 to schedule an appointment or email info@ageukbury.org.uk



DIGITAL SKILLS WORKSHOP

Tech & Café Drop-in every Monday, 10.00 am - 12.00 noon

Are you interested in improving your tech skills?
Need help with anything online?

In association with Bury Council we are providing free information, advice, and guidance on a variety of topics related to using the internet and navigating the digital world.

'Digital Buddies', will be available at the Jubilee to assist with online navigation, completing forms, and making the most of your computer, tablet, or smartphone.

Learn more about technology by attending one of the Monday drop-in sessions from 10.00 am to 12.00 noon.



JUBILEE ACTIVITIES - HIGHLIGHT

Belly Dancing



Belly Dancing is a great way to gain strength and tone muscles and get healthier.

It's a low impact form of exercise and gives you an aerobic workout helping improve your flexibility, stability and core strength.

Furthermore, it can help with your joints, balance, and posture.

It's a fun social activity as well as a calming and peaceful experience.

Visit a class on a Tuesday at 13.30 pm - 14.30 pm to learn more about the advantages of belly dancing. Class fee £5.

THE 100 NUMBERS CLUB DECEMBER WINNERS

Congratulations 1st Prize Winner

Num 5 - Anonymous - £75

2nd - Num 66 - Pauline Fairley - £45.00

3rd - Num 13 - Norah Porter - £15.00

Try your luck and join in on the monthly fun.

Simply visit our website, complete the form, and get ready for the upcoming drawing. Wishing you luck!

NUMBERS
STILL
AVAILABLE!



We have 60 members taking part

JUBILEE ACTIVITIES - HIGHLIGHT

Sequence Dancing



Sequence dancing, which incorporates dances of many different styles, is a type of dance where a predetermined pattern of movements is followed.

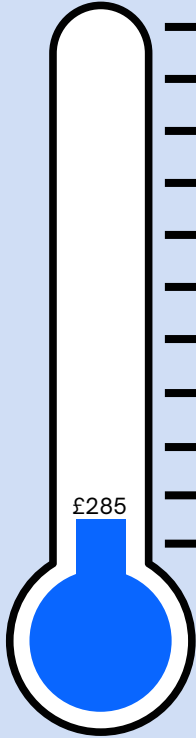
It is based on traditional Latin and Ballroom dancing, where everyone does the same defined routines simultaneously, making it a fun and engaging exercise where everyone moves in time.

We have Beginners dance sessions every Thursday at 12.15 pm to 13.15 pm. Class fee £5.50. Come along and join in the synchronized fun.

It is great way to make new friends and to enjoy a healthy life!



£20,000



FUNDRAISING UPDATE

REFURBISHMENT FOR THE JUBILEE CENTRE

Hits Bingo event - Raised £85

Thank you to everyone who attended the recent Hits Bingo night. Our resident disc jockey, DJ Paulski raised a fabulous £85! for the charity.

Comms Connect - Donation £200

The owner of Comms Connect made an incredible donation of £200.

After an hour-long meeting sat on one of Jubilees wooden chairs he expressed his desire to assist the centre in acquiring some new cushioned seats. 😊

Donations of brand-new, unwanted items that might work as tombola or raffle prizes would be greatly appreciated.

Donations



ANNUAL GENERAL MEETING

THANK YOU

We thank everyone who attended the AGM on January 27th, the General Public, Employees, Volunteers, and the Trustees. The meeting was informative and helpful.



HANDYPERSON SERVICE

Need DIY help or have repair jobs?

We have a service especially for you.

For a small cost, we can help! Depending on the scale and length of work being done and materials required.

Please call Sue with your enquiring to 0161 796 6949 or email hp@ageukbury.org.uk

PHONE HELP AND SUPPORT

If you are struggling, support is available today.

A selection of phone numbers and organisations to call if you need to speak to someone:

0800 678 1602 - Age UK National - from 8am to 7pm, every day

0800 470 8090 - The Silver Line UK - 24 hours, every day

0800 014 9995 - NHS GM Mental Health Support Line - 24 hours, every day

116 123 - free from any phone - Bury Samaritans - 24 hours, every day



VACANCIES AND OPPORTUNITIES

Full time & Volunteering



JOB VACANCY

HOME FROM HOSPITAL - SERVICE OFFICER

The Home from Hospital Service is a new service with the aim of supporting hospital discharges and reducing readmissions back to hospital.

Age UK Bury are looking to employ a Service Officer to support clients who have or are about to be discharged from Hospital.

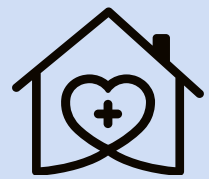
We are looking for a Service Officer who is supportive, creative and strives for excellence.

Expertise in Health and Social Care and a commitment to making a difference to the lives of the people living in Bury.

The job offers a competitive salary and 20 days annual leave.

Closing date for applications is 12.00 pm on 5th February 2025.

For a full job specification and information please visit our website or email jobs@ageukbury.org.uk or stop by the Jubilee and collect an application pack.



VOLUNTEERS NEEDED

KEEPING-IN-TOUCH SERVICE



Do you have spare time to support those in need via a friendly telephone call?

There is a high demand for our phone service. We make an effort to stay in touch with those who are confined to their homes, manage independently, or simply want a kind voice on the other end of the phone.

Please contact **Steph** on **07725 735811** or email steph@ageukbury.org.uk for more information if you would like to volunteer and make a difference.

VOLUNTEERS NEEDED

SHOPS, CAFE, MAINTENANCE

Do you have any spare time?

Would you like to do something rewarding and socially active?

We are looking for volunteers to help the charity in many areas of the organisation.

Would you like to help out in one of our charity shops in Bury or Ramsbottom?
or the Café at the Jubilee Centre?

or have DIY skills and can help in our Handyperson Service?

We would love to hear from you. Please call Jubilee on 0161 763 9030 or email admin@ageukbury.org.uk for further information and for a volunteer pack.



UPCOMING EVENTS

List of events, entertainment and fun social gatherings.



FEBRUARY 2025

February 14th, David Kidd - Tom Jones Tribute Show

Doors open 19.00 pm. Show starts at 20.00 pm

Singing a variety of classic Tom Jones songs.
Come and shake your hips!

Tickets £20 Each includes Buffet.
Buffet served from 7.00 pm to 8.00 pm

Raffle prizes on the night.

To book visit or call Jubilee Reception on 0161 763 9030
or email jubilee@ageukbury.org.uk

All profits from events goes to supporting people aged 50+ in Bury and surrounding boroughs

AS SEEN ON



VISIT OUR WEBSITE FOR THE LATEST EVENTS DETAILS

LIMITED
TICKETS
AVAILABLE

If you have an upcoming function or special occasion and would like to have it at the Jubilee Centre then call 0161 763 9030 and ask for Ania/Leisa to discuss hiring the room and amenities or email events@ageukbury.org.uk with your enquiry

FINALLY... A BIT OF FUN

Limerick of the Month

There was an amazing singer called Elvis
who's swayed to his songs with his pelvis
a definite bet
hernia he did get
eventually he thought I'd better stop this.

