Role: Walks Leader

Location: Active Ageing, Various



What the role entails:

To lead or back up on guided walks following a variety of routes.

What you will need to be able to do:

- ✓ Lead/or back up on walks
- ✓ Take charge of the group as required
- ✓ Keep a list of all walkers at a walk
- ✓ Assist people on walk if required
- ✓ Complete paperwork as required
- ✓ Monitor any health and safety issues on the walk

Time Commitment required:

This role is suitable for short term volunteering

How much training and how long it will take?

All volunteers are required to complete mandatory online training before they start volunteering – this can take up to 5 hours

There is also additional training required for this role

The qualities you need for the role:

- ✓ Honesty
- ✓ Reliability
- ✓ A pleasant, polite and confidential manner
- ✓ Qualified to lead a walk
- ✓ Ability to work on own initiative
- ✓ Appropriate level of physical fitness

Things you MUST agree to:

- * Comply with Age UK Blackburn with Darwen policies at all times, especially those regarding Equal Opportunities, Health & Safety and Confidentiality
- * Undertake required mandatory training, provided by the organisation to comply with current legislation
- * Participate in annual volunteer reviews
- * Keep your manager informed when you are unable to attend or of other things that affect your volunteering i.e: health conditions

Please see overleaf for more information

Fundraising - As a local independent charity, fundraising is vital to the continuation of our local services for older people. There are lots of ways of supporting us through helping with bag packs or bucket collections, delivering posters, helping at events, undertaking sponsored activities, sharing our social media posts, donating to and buying from our Charity Shop in Darwen. All volunteers are asked to support us in this way.

Darwen. All volunteers are asked to support us in this way. S:\General\Volunteers\Role Outlines\Active Ageing\2024\Walk Leader 2024 .docx