Role: Memory Makers





What the role entails:

To assist staff in providing support for older people who have mild/moderate dementia to help maintain memory and mental functioning.

The sessions are a fun, supportive environment where people can build new friendships and enjoy a range of activities that may include arts and crafts, board games, quizzes, sensory stimulation and physical activities.

What you will need to be able to do:

- ✓ Provide regular support, friendship, encouragement and assistance in the sessions.
- ✓ Collect and record monies as required and assist with sign in sheets and general paperwork.
- ✓ Assist in preparing and serving refreshments
- ✓ Assist in the planning and delivery of a range of activities
- ✓ Be familiar with all the relevant risk assessments and health and safety information
- ✓ Set up and take down of equipment as required

Time Commitment required:

This role is suitable for short term volunteering

How much training and how long it will take?

All volunteers are required to complete mandatory online training before they start volunteering – this can take up to 5 hours

There is also additional training required for this role

The qualities you need for the role:

- ✓ Honesty
- ✓ Reliability
- ✓ A pleasant, polite and confidential manner
- ✓ Patience
- ✓ Excellent Communication and listening skills
- ✓ Empathy
- ✓ Interest/experience in supporting older people living with dementia

Please see overleaf for more information

Things you MUST agree to:

- * Undertake a Basic DBS check
- * Comply with Age UK Blackburn with Darwen policies at all times, especially those regarding Equal Opportunities, Health & Safety and Confidentiality
- * Undertake required mandatory training, provided by the organisation to comply with current legislation
- * Participate in annual volunteer reviews
- * Keep your manager informed when you are unable to attend or of other things that affect your volunteering i.e. health conditions

Fundraising - As a local independent charity, fundraising is vital to the continuation of our local services for older people. There are lots of ways of supporting us through helping with bag packs or bucket collections, delivering posters, helping at events, undertaking sponsored activities, sharing our social media posts, donating to and buying from our Charity Shop in Darwen. All volunteers are asked to support us in this way.

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