

Role: Day Care Support



Location: Accrington Road Community Centre

What the role entails:

We need versatile volunteers who can support our staff team to help the people that attend our Day Care centre at Accrington Road Community centre to have an enjoyable day. This may be meeting and greeting those who attend, helping with activities, food and drink preparation and serving, accompanying people on our minibus and supporting with personal care as needed. Volunteers can assist with all or some of the above tasks

What you will need to be able to do:

Activities

- ✓ Sit and chat with service users, encourage reminiscing and chatting about different subjects
- ✓ Help service users to keep their independence by encouraging them to take part in a range of activities and to encourage them to interact with other people.
- ✓ Help on days out, picnics, trips etc

Food and drink

- ✓ Assist with food preparation as necessary
- ✓ Help serve meals and snacks and assist people to eat if needed

Minibus

- ✓ Escort service users to and from the minibus
- ✓ Accompany service users home on the minibus

Personal Care

- ✓ Support our service users to maintain dignity and hygiene when toileting

Time Commitment required:

This role is suitable for short term volunteering

How much training and how long it will take?

All volunteers are required to complete mandatory online training before they start volunteering – this can take up to 5 hours

There is also additional training required for this role

The qualities you need for the role:

- ✓ Honesty
- ✓ Reliability
- ✓ A pleasant, polite and confidential manner
- ✓ An ability to speak another language such as Urdu, Punjabi or Gujerati would be helpful
- ✓ Patience
- ✓ Empathy
- ✓ Good Communication skills

Please see overleaf for more information

Things you MUST agree to:

- * Undertake an Enhanced DBS check
- * Comply with Age UK Blackburn with Darwen policies at all times, especially those regarding Equal Opportunities, Health & Safety and Confidentiality
- * Undertake required mandatory training, provided by the organisation to comply with current legislation
- * Participate in annual volunteer reviews
- * Keep your manager informed when you are unable to attend or of other things that affect your volunteering i.e: health conditions

Fundraising - As a local independent charity, fundraising is vital to the continuation of our local services for older people. There are lots of ways of supporting us through helping with bag packs or bucket collections, delivering posters, helping at events, undertaking sponsored activities, sharing our social media posts, donating to and buying from our Charity Shop in Darwen. All volunteers are asked to support us in this way.

Last reviewed October 2024

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