

Role: Activities

Location: Community Centre, Various

What the role entails:

To assist Age UK staff working as part of a team to ensure the smooth running of the centre whilst having due regard for the service users.

What you will need to be able to do:

- ✓ Sit and chat with service users, encourage reminiscing and chatting about different subjects.
- ✓ Help service users to keep their independence by encouraging them to take part in a range of activities provided by the centre and to encourage them to interact with other people.
- ✓ Help on days out, picnics, trips etc
- ✓ Help serve meals and supervise individuals
- ✓ Respect individual's cultural and religious needs
- ✓ Assist in the setting up and cleaning up rooms ready for activities

Time Commitment required:

This role is suitable for short term volunteering

How much training and how long it will take?

All volunteers are required to complete mandatory online training before they start volunteering – this can take up to 5 hours

There is also additional training required for this role

The qualities you need for the role:

- ✓ Honesty
- ✓ Reliability
- ✓ A pleasant, polite and confidential manner
- ✓ An ability to speak another language such as Urdu, Punjabi or Gujrati would be helpful
- ✓ Patience
- ✓ Empathy
- ✓ Good communication skills

Things you MUST agree to:

- * Undertake a Basic DBS
- * Comply with Age UK Blackburn with Darwen policies at all times, especially those regarding Equal Opportunities, Health & Safety and Confidentiality

Please see overleaf for more information

- * Undertake required mandatory training, provided by the organisation to comply with current legislation
- * Participate in annual volunteer reviews
- * Keep your manager informed when you are unable to attend or of other things that affect your volunteering i.e: health conditions

Fundraising - As a local independent charity, fundraising is vital to the continuation of our local services for older people. There are lots of ways of supporting us through helping with bag packs or bucket collections, delivering posters, helping at events, undertaking sponsored activities, sharing our social media posts, donating to and buying from our Charity Shop in Darwen. All volunteers are asked to support us in this way.

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