



ROLE DESCRIPTION

Activity Group Leader (in person)

Responsible to: Service Manager for Activities and Wellbeing

Time Commitment: Around 3 hours per week

Location: Various locations across Birmingham

About the Service

Age UK Birmingham provides a menu of activities across the city to support people to build social connections and reduce loneliness and isolation.

Groups include activities such as **walking groups, gardening, hobby/friendship groups, exercise groups, and coffee mornings.**

We are looking for reliable and confident volunteers to support these activities and help older people in Birmingham to make the most out of later life.

Travel expenses and reasonable necessary expenses will be reimbursed.

About the Role

Activity group volunteers will be responsible for facilitating weekly activity groups for older people. Specific tasks may include:

- To undertake Age UK Birmingham and Age UK Sandwell induction programme and additional relevant training where required
- To prepare any resources and equipment required to deliver the group
- To help promote the group and encourage attendance from older people in the community
- To set up the venue for the purposes of the activity (where applicable)
- To facilitate activity sessions on a regular basis as agreed by the service manager
- To keep a record of attendance
- To report any concerns to the manager of the service
- To attend team meetings/ supervision when required



Personal qualities and skills most suited to this role

- Good listening and communication skills essential
- Patience and tact
- Skill, knowledge, or interest in the type of activity being delivered
- A caring, sympathetic, sensitive manner and a non-judgemental approach
- Commitment to understanding the needs of people older people
- Commitment to the project/group
- Reliable/dependable/flexible
- Have a positive outlook and be committed

Time commitment

To allow time to set up and clear away after the activity we recommend around 3 hours commitment per week to setup, run, and clear down the activity group.

Activity Groups are delivered at times during service hours, Mon-Friday 9am – 4pm

Contact

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Or apply online by [CLICKING HERE](#)