



JOIN NOW



# DIGITAL SKILLS SESSION





*Bring your own devices with you or borrow one from us!*

Want to feel more confident using your digital device? Then let us help you, with our relaxed session. We focus on your personal digital needs, starting with the basics then we explore apps like the NHS app. Join our local group session—just drop in—or schedule a personalised 1-2-1 appointment. Contact us by phone or email to book your spot!

## TOPICS COVERED:

- Learn to use your devices
- Staying safe online
- NHS & Other Apps
- Email know how

 **Every Monday 10:30 - 12**

 **Woodlands Park Hall, Woodlands Park Road, B30 1HA**

To book or for more information please contact us on 0121 437 0033 or email [digital.champions@ageukbirmingham.org.uk](mailto:digital.champions@ageukbirmingham.org.uk)