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| **Day Opportunities Daily Planner**  Welcoming the New Year  Date 10/01/2025 Hendon | | | | |
| **Time** | **Activity** | | |  |
| **10:00 – 11.00** | **Coffee Morning & Newspaper Review** | | |  |
| **11.00 – 11:45** | **Bluebell Room**  **Creating a mocktail**  **With Kelly/ Donna** | | **Rose Room**  **Yoga with Sue**  **11.00-11.45** |  |
| **11:45-12:30** | **Rose Room**  **Crafting Party Hats**  **with Kelly** | | **Daffodil Room**  **Cognitive stimulation**  **With Donna** |  |
| **12:30-13:30** | **Lunch** | | |  |
| **13:30-14:30** | **Bluebell Room**  **New year themed Photo shoot**  **with Donna** | **New Year's Celebration Quiz**  **with Kelly** | |  |
| **14:30- 15:00** | **Tasting Session and sing-along** | | |  |