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| **Day Opportunities Daily Planner**  Valentines Day Week  Date 11/02/2025 | | | |
| **Time** | **Activity** | |  |
| **10:00 – 11:00** | **Tea & Coffee Morning** | |  |
| **11:00 – 12:00** | **Group 1**  **Yoga with Sue @ 11:00- 11:45** | **Group 2**  **Making Valentine Fridge Magnets with** |  |
| **12:00 - 12:30** | **Group 1**  **Reminiscing about Valentines**  **with** | **Group 2**  **Cognitive stimulation**  **with** |  |
| **12:30 - 13:30** | **Lunch** | |  |
| **13:30 - 14:30** | **Group 1**  **Writing an Acrostic Valentines**  **Poem with** | **Group 2**  **The parachute game with** |  |
| **14:30 - 15:00** | **Enjoy the Love songs** | |  |