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|  **Day Opportunities Daily Planner** Valentines Day Week Date 11/02/2025 |
| **Time** | **Activity** |  |
| **10:00 – 11:00** |  **Tea & Coffee Morning**  |  |
| **11:00 – 12:00** | **Group 1** **Yoga with Sue @ 11:00- 11:45**  | **Group 2** **Making Valentine Fridge Magnets with**  |  |
| **12:00 - 12:30** | **Group 1** **Reminiscing about Valentines** **with**  | **Group 2****Cognitive stimulation****with**  |  |
| **12:30 - 13:30** | **Lunch** |  |
|  **13:30 - 14:30** | **Group 1** **Writing an Acrostic Valentines**  **Poem with** | **Group 2****The parachute game with**  |  |
|  **14:30 - 15:00** |  **Enjoy the Love songs** |  |