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|  **Day Opportunities Daily Planner** Valentines Day Week Date 10/02/2025 |
| **Time** | **Activity** |  |
| **10:00 – 10:30** |  **Tea & Coffee Morning**  |  |
| **10:30 – 12:00** | **Group 1** **Prepare the activities** **With Donna** | **Group 2****Repotting plants with Melissa**  |  |
| **12:00 - 12:30** | **Group 1** **Movement to music** **With Donna**  | **Group 2****Cognitive stimulation****With Melissa** |  |
| **12:30 - 13:30** | **Lunch** |  |
|  **13:30 - 14:30** | **Group 1** **Pampering/grooming**  **With Melissa** | **Group 2****Writing a short story with Donna**  |  |
|  **14:30 - 15:00** |  **Let’s Sing Together** |  |