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| **Day Opportunities Daily Planner**  Mother’s Day Week  Date 28/03/2025 | | | | |
| **Time** | **Activity** | | |  |
| **10:00 – 11:00** | **Coffee Morning & Newspaper Review** | | |  |
| **11:00-12:00** | **Group 1**  **Making Homemade soap With** | | **Group 2**  **Senior Singers With Jenny** |  |
| **12:00-12:30** | **Group 1**  **Mothers Day Song Match With** | | **Group 2**  **Chair Yoga With** |  |
| **12:30-13:30** | **Lunch** | | |  |
| **13:30-14:30** | **Group 1**  **Pampering/Grooming With** | **Group 2**  **Cognitive Stimulation With** | |  |
| **14:30- 15:00** | **Hang Man** | | |  |