|  |  |  |  |
| --- | --- | --- | --- |
| **Day Opportunities Daily Planner**  Date 21.02.2025 | | | |
| **Time** | **Activity** | |  |
| **10:00 – 10:30** | **Tea & Coffee Morning** | |  |
| **10:30 – 12:00** | **Group 1**  **Act of Kindness Messages**  **With Kelly** | **Group 2**  **Board Games & Puzzles**  **With Cathrine & Donna (s)** |  |
| **12:00 - 12:30** | **Group 1**  **Movement to Music**  **With Kelly** | **Group 2**  **Wheel Game**  **With Cathrine & Donna(s)** |  |
| **12:30 - 13:30** | **Lunch** | |  |
| **13:30 - 14:30** | **Group 1**  **Coffee Tasting Session**  **With Kelly** | **Group 2**  **Cognitive Stimulation**  **With Cathrine** |  |
| **14:30 - 15:00** | **Music 190’s – 1980’s** | |  |