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|  **Day Opportunities Daily Planner** Martin Luther King’s Week  Date 14/01/2025 |
| **Time** | **Activity** | **Lead** |
|  **10:00 – 11:00** |  **Tea, Coffee Morning & chat about** **Martin Luther King life story**  |  |
| **11:00 – 12:00** | **Group 1****Baking a birthday Cake**  | **Group 2** **Yoga**  **with Sue**  |  **&****Volunteers** |
| **12:00 - 12:30** | **Group 1** **General knowledge Quiz** | **Group 2****Cognitive stimulation** |  **&****Volunteers** |
| **12:30 - 13:30** | **Lunch** | **Joka & Franco** |
|  **13:30 - 14:30** | **Group 1** **Winter scattergories**  | **Group 2** **Creating Winter Art** |  **&****Volunteers** |
|  **14:30 - 15:00** |  **Enjoy the Music** |  **Everyone** |