

Let Us Help



Useful information about the services available from Age UK Notts



0115 844 0011



info@ageuknotts.org.uk



www.ageuknotts.org.uk



Our history

- 1942 We start life as a branch of the National Older Person's Welfare Committee
- 2000 The Age Concern Federation is founded
- 2009 Age Concern and Help the Aged merge to form Age UK
- 2010 We join the Age UK brand and become a local Brand Partner

- 2022 Age UK Notts celebrate our 80th birthday
- 2023 The charity expands some of its services to people of all ages
- 2025 Our charity continues to grow

Who are we?

We're the largest, local, independent charity supporting older or vulnerable people in Nottingham and Nottinghamshire. We share the Age UK brand and have a national body who lead on research and policy work, but we are wholly independent. All our work is delivered locally and benefits local people and communities.

Age UK Nottingham & Nottinghamshire provide a range of services which enhance the quality of life of local older or vulnerable people. Despite our name, many of our services aren't limited to older people.

Please contact us to find out more about how we can help.

CONTACT US

0115 844 0011

Mon - Fri

9am - 5pm

info@ageuknotts.org.uk

Here's how we can help



Stay connected

- Companion (befriending)
- Dementia day services
- Social activities



Manage your money

- Benefit entitlement
- Scams prevention
- Legal advice



Live well at home

- Energy efficiency
- Aids and adaptations
- Safety advice



Be supported

- Information and advice
- Practical support
- Making your voice heard

If you need help or support for yourself or a loved one

Contact:

0115 844 0011

info@ageuknotts.org.uk

Age UK Nottingham & Nottinghamshire
The Lifestyle Centre
16-18 Bridgeway Centre
Nottingham
NG2 2JD



For more information on any of our services, please contact us:



0115 844 0011



info@ageuknotts.org.uk



www.ageuknotts.org.uk



www.ageuk.org.uk/notts/get-involved/donate/

Follow us on social media:



Notes

Disclaimer and legal information:

This information guide has been prepared by Age UK Nottingham & Nottinghamshire (Age UK Notts) and contains general information about the range of services we offer and how to access them. Nothing in this publication should be construed as giving specific advice and it should not be relied on as a basis for any decision or action. We do not accept any liability arising from its use. Every effort has been made to ensure that all information is as up to date and accurate as possible. However, please be aware that certain areas are subject to change from time to time. It's always a good idea to check that you have the latest version of this publication.

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