

February 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					<p>AM – Armchair Exercise & Crossword 1</p> <p>PM – Rock Painting</p>	<p>2</p>
<p>AM – Armchair Exercise & Crossword 3</p> <p>PM – Remembering Buddy Holly Etc Quiz & Music</p>	<p>AM – Music In Mind 4</p> <p>PM – Knit & Natter. Dominos & Pool/Snooker</p>	<p>AM – Colour by Numbers & Rock Painting 5</p> <p>PM – Afternoon Sing Along</p>	<p>AM – Daffodil Arts & Crafts & Crosswords 6</p> <p>PM – Name that TV Show by the Tune</p>	<p>AM – Snooker/Pool & dominos/Board Games 7</p> <p>PM – Kite/Bow Pasta Arts or Karaoke</p>	<p>AM – Music or Ball Bingo 8</p> <p>PM – Quizzes & Crosswords</p>	<p>9</p>
<p>AM – Biscuits Making & Decorating 10</p> <p>PM – 60s Bingo & Kite Bow Pasta Arts</p>	<p>AM – Music In Mind 11</p> <p>PM – Valentines Crafts/Cards with Valentine Treats</p>	<p>AM – Biscuits Making & Decorating 12</p> <p>PM – Valentines Crafts/Cards & Treats</p>	<p>AM – Biscuits Making & Decorating 13</p> <p>PM – 60s Bingo or Sing Along</p>	<p>AM Armchair Exercise & Morning Sing Along 14</p> <p>PM – Valentines Quiz with Afternoon Treats</p>	<p>AM – 60s Quiz & Bingo 15</p> <p>PM – Reminiscing or Dominos</p>	<p>16</p>
<p>AM – Reminiscing 50s,60s & 70s Crossword 17</p> <p>PM – Music Quiz & Daffodil Arts & Crafts</p>	<p>AM – Music In Mind 18</p> <p>PM – Dominos & Pool/Snooker. Daffodil Arts & Crafts</p>	<p>AM – Armchair Exercise. Pamper Session Hand/Feet 19</p> <p>PM – Earbud Painting & Daffodil Crafts</p>	<p>AM – Music Quiz, Crossword & Exercise 20</p> <p>PM – Pub Lunch & Afternoon Sing Along</p>	<p>AM – Pool/Snooker & Dominos 21</p> <p>PM - Colour by Numbers or Kite/Bow Pasta Arts & Crafts</p>	<p>AM – Colour by Numbers 22</p> <p>PM – Name that Tune & General Knowledge Quiz</p>	<p>23</p>
<p>AM – Group Puzzle, Dominos & other Board Games 24</p> <p>PM – Afternoon Karaoke</p>	<p>AM – Music In Mind 25</p> <p>PM – Armchair Exercise/Table Games & Bow Pasta Crafts</p>	<p>AM – Music or Ball Bingo & Crossword 26</p> <p>PM – Afternoon Karaoke or Music Bingo</p>	<p>AM – Daffodil Arts & Crafts & Pamper Session Hands/Feet 27</p> <p>PM – Armchair Exercise & Bingo</p>	<p>AM – Armchair Exercise/Crosswords & Pool/Snooker 28</p> <p>PM – Afternoon Karaoke</p>		