





January 2025

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|---|--|--|---|--|---|
| <p>Other Activities are carried out throughout all days too. Not able to list everything on the Calendar</p> | | <p>1 Closed</p> | <p>2 AM – Armchair Exercise & Crosswords/Quizzes PM – Singing & Dancing Afternoon</p> | <p>3 AM – Music Bingo & Quiz PM – Table Games- Dominos/Card Games & Pool</p> | <p>4 AM – Crosswords & Quizzes PM – Earbud Painting on Canvas Arts & Craft</p> | <p>5</p> |
| <p>6 AM – Armchair Exercise & Music Quiz PM – Rock Painting Arts & Crafts</p> | <p>7 AM – Reminiscing the Good Old Days PM – Dominos & Board Games, Also Pool/Snooker</p> | <p>8 AM – Crossword & Elvis Quiz  PM – Elvis B-Day Afternoon Karaoke</p> | <p>9 AM – Pamper Session (Hands/Feet) & Name that TV Tune PM – Armchair Exercise & Dominos/Puzzles</p> | <p>10 AM – Earbud Painting PM – Pub Lunch & Afternoon Quiz & Crossword</p> | <p>11 AM – Ball or Music Bingo PM – Crossword, Quizzes & Reminiscing</p> | <p>12</p> |
| <p>13 AM – Pamper Session (Hands/Feet) & Armchair Exercise PM – Afternoon Sing Along & Dancing</p> | <p>14 AM – Music in Mind PM – Knit & Natter & Table Games/Dominos</p> | <p>15 AM – Rock Painting Arts & Craft PM – Name that TV show by the Sound</p> | <p>16 AM – Wooden Paint Crafts & Rock Painting PM – Ball or Music Bingo</p> | <p>17 AM – Crossword & Ball or Music Bingo PM – Karaoke Afternoon & Dancing</p> | <p>18 AM – Knit & Natter & Dominos PM – Afternoon Movie (Musical)</p> | <p>19 </p> |
| <p>20 AM – Flower Day! Flower Arranging PM – Reminiscing the Good Old Days</p> | <p>21 AM – Music in Mind PM – Flower Day! Flower Arranging</p> | <p>22 AM – Earbud Painting & Crossword PM - Flower Day! Flower Arranging</p> | <p>23 AM – Canvas Painting with Stencils PM – Afternoon Karaoke & Dancing</p> | <p>24 AM – Armchair Exercise & 60s/70s Quiz PM - Pamper Session (Hands/Feet) & Pool/Snooker</p> | <p>25 AM – Earbud Painting or Bingo PM – Quizzes & other Puzzle Games</p> | <p>26 </p> |
| <p>27 AM – Chinese Lanterns Crafts & Music PM – Ball or Music Bingo</p> | <p>28 AM – Music in Mind PM – Knit & Natter & Table Games/Dominos & Pool</p> | <p>29 AM – Chinese Lanterns Crafts  PM – Chinese New Year! Food Tasting</p> | <p>30 AM – Chinese Lanterns Crafts PM - Chinese New Year! Food Tasting</p> | <p>31 AM – Dominos & other Board Games PM - Chinese New Year! Food Tasting</p> | | |